



Girl Scouts[®]
Girl Scouts of Utah

GIRL SCOUTS OF UTAH

Adult Education Catalog

Girl Scouting builds girls of
courage, confidence, and character,
who make the world a better place.



Girl Scouts.
Girl Scouts of Utah

Welcome

To the exciting and informative world of adult education in Girl Scouts!

This publication offers classes designed to improve your leadership skills and education, help you discover the great outdoors, and enrich your Girl Scout experience. Both required and optional adult courses are listed in this publication.

Girl Scouts of Utah has developed a blend of learning approaches, which includes the following options:

- Classroom workshops
- Webinar sessions
- Self-study printed manuals*
- Online virtual learning

* To obtain a self-study printed manual, please contact your local Girl Scouts of Utah (GSU) service center. See back page for service center contact information.

Select

Choose the course you would like to attend.

Register

All course participants must be registered in advance and by the deadline. You have two registration options:

- Register by mail or in person at the Council Resource Center (CRC)
- Register online via the council web site at gsutah.org

One registration form is required for each individual registering. Please use the form in the back of this publication or download it from our web site. Please copy or print as many forms as you need.

If you register via the council web site, you will receive step-by-step instructions. Please print or save a copy of the registration submission notification for your records.

Registrations made before the deadline help GSU:

- Determine if the training will be held (the minimum number of participants must be met)
- Ensure that participants are placed on the attendance log
- Ensure that the correct amount of supplies is available

Fees

Girl Scouts of Utah is fortunate to have many of our Girl Scout and adult learning courses underwritten by generous financial gifts to our Girl Scouts of Utah Family Campaign. Occasionally there will also be modest fees to cover items such as food or other supplies (participant handouts, books, course materials, etc.) used during a course. The American Red Cross trainings are offered at a reduced fee through Girl Scouts of Utah and include specific certification fees.

If there is a cost for a course, you have two options. If you choose to register online, payment must be made by credit/debit card. If you want to pay by check or cash, registration must be mailed or hand delivered to the CRC.

Limit

Each course has a minimum (min) and maximum (max) number of participants. This helps participants enjoy an optimal learning experience and ensures that we have the proper amount of supplies.

Deadlines

Each course has a deadline. The deadline is the last day an applicant will be able to register for training.

Locations

For the safety of our Girl Scout members, the locations listed for adult education courses designate a geographic area only. The complete address and directions will be included in the course confirmation.

Webinars

Webinar trainings and meetings are offered through a phone and web-based format. This provides the opportunity for volunteers to join together without having to leave home. Details regarding the phone conference number and web site links options will be e-mailed to participants who register by the deadline.

Confirmations

A confirmation will be sent by e-mail or mail approximately two weeks prior to the training course date. E-mail confirmations help GSU use resources wisely. Specific training information is only distributed in the confirmation. Any additional required forms will be listed in your confirmation materials. These forms can be downloaded from our web site or copies can be mailed or faxed to you.

Cancellations

Any requests to cancel your registration or to receive a refund must be received at the CRC office prior to the registration deadline. No exceptions will be made.

There are four ways to cancel a course:

- Call (801) 265-8472 or (800) 678-7809, ext 46
- E-mail cancellation to myergensen@gsutah.org
- Fax your cancellation to (801) 261-1213
- Mail your cancellation to Girl Scouts of Utah, PO Box 57280, Salt Lake City, UT 84157

You will not receive a refund if you are registered but do not show up for a course. A 100% refund is given to all registrants if a course is cancelled by Girl Scouts of Utah.

If a course does not meet the minimum number of participants, the course may be cancelled. Only those who are registered for a course will be notified of cancellations, or changes in times, site locations, or other important information. Please register in advance.

Updates, Changes, Etc.

Since this publication list courses for a full membership year, access our web site to learn about any updates, changes or cancellations.

Leadership & General Volunteer Training

Since 90 percent of our volunteers work with girls, it is important for GSU to create a comprehensive learning program using traditional classroom sessions, self-study guides, webinars, and online trainings.

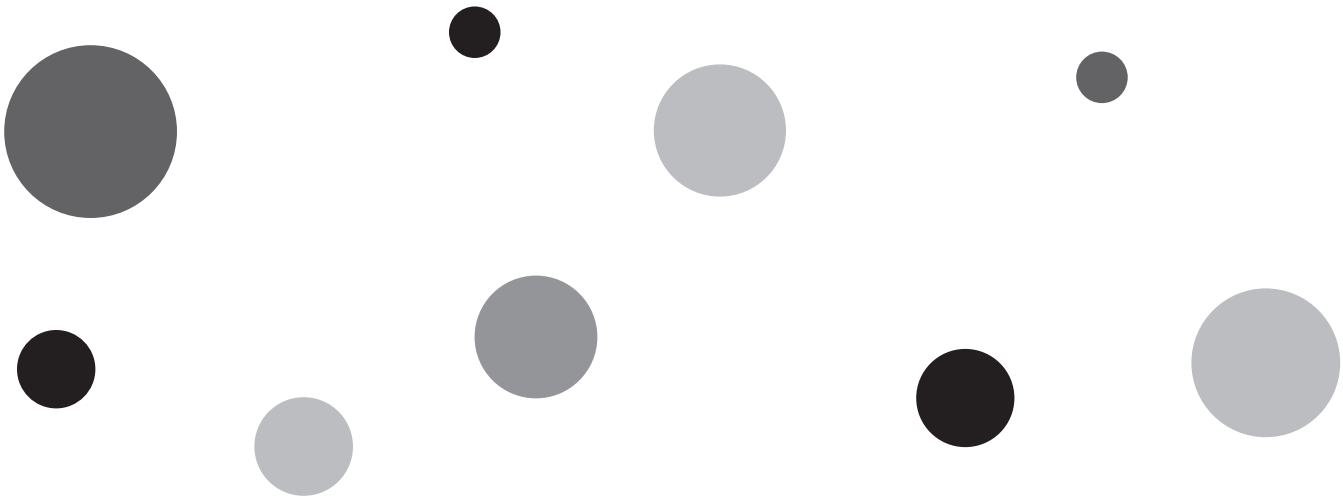
Volunteer training is essential. The top reason we focus on safety is because we want to make sure girls are safe from physical harm. We also want to make sure volunteers understand what it means to provide a safe learning environment where girls can take personal risks and grow. There are multiple benefits of training for adults: it is personally rewarding, and there are opportunities to develop leadership, organizational skills, talents, and to share new program activities and best practices. Because of training you can form supportive relationships with other adults and may also enjoy more enriching interactions with girls. Many adults include Girl Scout training on their resumes.

- New troop facilitators need to complete the following courses:
- Girl Scouts of the United States of America (GSUSA) Orientation
 - Volunteer Essentials and Troop Module.

It is not required to repeat these two courses when changing grade levels. However, the Girl Scout Orientation needs to be completed prior to taking Volunteer Essentials and Troop Module. All three training courses must be taken prior to volunteering in a troop leadership position.

When the troop or group is bridging to the next grade level, the troop facilitator is only required to take the appropriate Troop Module course.

| Volunteering as: | Training Requirements and Optional Courses |
|-------------------------|--|
| Troop/group facilitator | Girl Scout Orientation (Formerly known as Module 1) <i>Required for all new volunteers</i> |
| | Volunteer Essentials & Troop Module (grade level course) Formerly known as Modules 2, 3, and 4 <i>Required for all new troop facilitators</i> |
| | Troop Module (grade level course) Formerly known as Module 4 <i>Required when facilitators are bridging to the next grade level</i> |
| | Girl Scout Leadership Experience (optional) |
| | Money Mastery (optional) |
| | Adult Awareness for Girl Scout Gold Award, Silver Award, and Program Aide (optional) |



Girl Scout Orientation

(online or self study printed manual)

Formerly known as Module 1

GSUSA provides the opportunity to learn about our founder and why millions of people around the world belong to and support Girl Scouts. This orientation includes the Girl Scout story, promoting pluralism in Girl Scout activities, the Girl Scout Promise and Law, an introduction to GSUSA, pathway definitions for girl participation, an introduction to the Girl Scout Leadership Experience, and the three keys of leadership. This orientation provides a fun, engaging introduction to the wonderful world of Girl Scouts! See www.gsutah.org to access this training. The password is Discover.

VOLUNTEER ESSENTIALS & TROOP MODULE

(classroom workshop or webinar session)

Volunteer Essentials formerly known as Modules 2 and 3; Troop Module formerly known as Module 4

This course is designed to prepare new troop volunteers who partner with girls with the foundations for facilitating the Girl Scout Leadership Experience. Gain the knowledge needed to be successful and get the most out of your volunteer experience. Learn about program development, leadership, Girl Scout program books, troop/group meeting structure, and troop government. Discover awesome Girl Scout traditions and resources that you can use. Girl Scouts helps make the world a better place because volunteers help grow girls of courage, confidence, and character. Make a difference! This session will also include Troop Module (grade level course), which is the program that teaches you the characteristics of each grade level.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: Girl Scout Orientation

Fee: None

Classroom and Webinar Workshop Courses

Classroom Limit: Min. 8 Max. 24

Webinar Limit: Min. 8 Max. 15

| Date | Time | Location | Deadline |
|----------------------|----------------|----------------|----------------------|
| Sat., Oct. 3, 2009 | 9:30 a.m.–noon | Salt Lake City | Mon, Sep. 21, 2009 |
| Sat., Oct. 10, 2009 | 9:30 a.m.–noon | Ogden | Mon., Sep. 28, 2009 |
| Sat., Oct. 17, 2009 | 9:30 a.m.–noon | Orem | Mon., Oct. 5, 2009 |
| Wed., Oct. 21, 2009 | 6:30–9 p.m. | Webinar | Wed., Oct. 14, 2009 |
| Mon., Nov. 9, 2009 | 6:30–9 p.m. | Webinar | Mon., Nov. 2, 2009 |
| Sat., Nov. 14, 2009 | TBA | Ogden | Fri., Oct. 30, 2009 |
| Sat., Nov. 14, 2009 | 9:30 a.m.–noon | Orem | Mon., Nov. 2, 2009 |
| Sat., Nov. 21, 2009 | 9:30 a.m.–noon | Salt Lake City | Mon., Nov. 9, 2009 |
| Tue., Dec. 1, 2009 | 6:30–9 p.m. | Webinar | Tue., Nov. 24, 2009 |
| Mon., Jan. 11, 2010 | 6:30–9 p.m. | Webinar | Mon., Jan. 4, 2010 |
| Sat., Feb. 6, 2010 | 9:30 a.m.–noon | Salt Lake City | Mon., Jan. 25, 2010 |
| Tue., Feb. 16, 2010 | 6:30–9 p.m. | Webinar | Tue., Feb. 9, 2010 |
| Sat., Feb. 20, 2010 | 9:30 a.m.–noon | Ogden | Mon., Feb. 8, 2010 |
| Sat., Feb. 20, 2010 | 9:30 a.m.–noon | Orem | Mon., Feb. 8, 2010 |
| Thu., Mar. 25, 2010 | 6:30–9 p.m. | Webinar | Thu., Mar. 18, 2010 |
| Thu., Apr. 22, 2010 | 6:30–9 p.m. | Webinar | Thu., Apr. 8, 2010 |
| Wed., May 19, 2010 | 6:30–9 p.m. | Webinar | Wed., May 12, 2010 |
| Thu., Jun. 3, 2010 | 6:30–9 p.m. | Webinar | Thu., May 27, 2010 |
| Wed., Jul. 28, 2010 | 6:30–9 p.m. | Webinar | Wed., Jul. 21, 2010 |
| Sat., Aug., 7, 2010 | 9:30 a.m.–noon | Salt Lake City | Mon., Jul., 26, 2010 |
| Sat., Aug., 14, 2010 | 9:30 a.m.–noon | Ogden | Mon., Aug., 2, 2010 |
| Sat., Aug., 21, 2010 | 9:30 a.m.–noon | Orem | Mon., Aug., 9, 2010 |
| Tue., Aug. 24, 2010 | 6:30–9 p.m. | Webinar | Tue., Aug. 17, 2010 |
| Sat., Sep. 11, 2010 | 9:30 a.m.–noon | Salt Lake City | Mon., Aug., 30, 2010 |
| Sat., Sep. 11, 2010 | 9:30 a.m.–noon | Ogden | Mon., Aug., 30, 2010 |
| Sat., Sep. 25, 2010 | 9:30 a.m.–noon | Orem | Mon., Sep., 13 2010 |
| Thu., Sep. 30, 2010 | 6:30–9 p.m. | Webinar | Thu., Sep. 23, 2010 |

TROOP MODULE

(classroom workshop or self-study printed manual)

Formerly known as Module 4

This course is required for bridging troop facilitators. Each grade level course is designed to assist volunteers who are working directly with Girl Scout Daisy, Brownie, Junior, Cadette, Senior or Ambassador troops/groups. Gain an understanding of the developmental characteristics of girls at various grade levels. Learn about awards, recognitions, leadership opportunities, and appropriate troop trip options for each level. Discover techniques that will help you get the most out of your troop and understand your girls.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: Completed Volunteer Essentials or previously completed Modules 1, 2, and 3

Fee: None

Classroom Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|---------------------|----------------|----------------|--|
| Sat., Oct. 17, 2009 | 9:30 a.m.–noon | Orem | Mon., Oct. 5, 2009 |
| Sat., Nov. 14, 2009 | TBA | Ogden | Fri., Oct. 30, 2009 See Gold Rush Adult Event for more information |
| Sat., Feb. 6, 2010 | 9:30 a.m.–noon | Salt Lake City | Mon., Jan. 25, 2010 |

GIRL SCOUT LEADERSHIP EXPERIENCE

(classroom workshop only)

This course gives troop facilitators the opportunity to explore and learn how to incorporate the GSUSA Journey Programs into troop meetings, as well as how to blend the requirements for Try-Its, badges, IPPs, and Bronze, Silver, and Gold Awards. Learn how to foster a cooperative, girl-led environment that is both productive and empowering. Discover why reflection is important and how to incorporate it into troop activities.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: None

Fee: None

Classroom Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|---------------------|-------------|----------------|--|
| Sat., Oct. 17, 2009 | 1–3:30 p.m. | Orem | Mon., Oct. 5, 2009 |
| Sat., Nov. 14, 2009 | TBA | Ogden | Fri., Oct. 30, 2009 See Gold Rush Adult Event for more information |
| Sat., Feb. 6, 2010 | 1–3:30 p.m. | Salt Lake City | Mon., Jan. 25, 2010 |

MONEY MASTERY

(classroom workshop only)

Make “cents” of your troop money. Learn how to pay for troop activities without always asking parents for money or using your own. Discover how to plan approved money-earning activities. Make your troop dollars stretch and simplify troop budget and finance tracking. As an extra benefit, facilitators will learn how to expedite the completion of the troop annual financial report.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: None

Fee: None

Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|---------------------|-------------|----------------|--------------------|
| Tue., Jan. 19, 2010 | 6:30–8 p.m. | Orem | Tue., Jan. 5, 2010 |
| Wed., Jan. 20, 2010 | 6:30–8 p.m. | Salt Lake City | Wed., Jan. 6, 2010 |
| Thu., Jan. 21, 2010 | 6:30–8 p.m. | Ogden | Thu., Jan. 7, 2010 |
| Tue., Sep. 21, 2010 | 6:30–8 p.m. | Salt Lake City | Tue., Sep. 7, 2010 |
| Wed., Sep. 22, 2010 | 6:30–8 p.m. | Orem | Wed., Sep. 8, 2010 |
| Thu., Sep. 23, 2010 | 6:30–8 p.m. | Ogden | Thu., Sep. 9, 2010 |



ADULT AWARENESS FOR GIRL SCOUT GOLD AWARD, SILVER AWARD, AND PROGRAM AIDE

(webinar session only)

Want to support your girl or troop? Then this is the course for you! This course is designed to educate adults (troop facilitators, parents, advisors etc.) about the requirements girls need to earn the prestigious Girl Scout Gold and Silver Awards. Learn how girls can get involved as Program Aides and assist in a variety of great programs, day camps, and events. Gain an understanding of the responsibilities, critical paperwork, deadlines, and value of leadership awards and activities. Discover the path yourself and then be an amazing guide on the side!

Learning course designed for: Adults only

Prerequisite: None

Fee: None

Limit: Min. 8 Max. 15

| Date | Time | Location | Deadline |
|---------------------|----------------|----------|---------------------|
| Thu., Oct. 29, 2009 | 6:30–8:30 p.m. | Webinar | Thu., Oct. 22, 2009 |
| Thu., Jan. 28, 2010 | 6:30–8:30 p.m. | Webinar | Thu., Jan. 21, 2010 |
| Wed., Sep. 29, 2010 | 6:30–8:30 p.m. | Webinar | Wed., Sep. 22, 2010 |

TRIP PLANNING

Appropriate Activities/Trips

When a troop meets somewhere other than the normal meeting place (regardless of the length of time), troop facilitators must secure parent/guardian permission for every girl by using the “Event Release” and “Girl Emergency Medical Information” forms. Please note that all accompanying adults should also submit a completed “Adult Emergency Medical Information” form to the troop facilitator. If the troop is taking a trip, the Service Unit Event Director must be notified.

Planning trips and travel as a troop or group is an essential experience in Girl Scouting. Travel is about fun, exploration, and progressive experiences in the outdoors, new places, and other cultures. Girls can also gain a great appreciation of the outdoors through travel. As girls grow older and more experienced, the scope of their travel broadens.

See guidelines in the VRG for the types of troop trips and activities that are best suited for each age level.

| Activity: | Training Course Requirements |
|---|---|
| Outdoor camping trips (24 hours or longer) | Group/Troop Camping 101 (required) |
| Outdoor troop/group camping trips | Practice Makes Perfect (optional) and/or Basic Outdoor Skills (optional) |
| Troop/group trips of three nights or more (non-camping trips) | Extended Troop Trips: Three Nights or More (formerly known as Planning Trips with Girl Scouts) (required) |
| International troop/group trip | International Travel (required) |

Note: A troop first-aider is required to attend all troop trips.

GROUP/TROOP CAMPING 101

(classroom workshop only)

Planning to take your troop on a camping adventure? This course is required for any troop or group camping trip that lasts 24 hours or longer. Adults who attend “The Works” troop camping at Trefoil Ranch or Camp Cloud Rim will receive Group/Troop Camping 101 training.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: None

Fee: None

Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|----------------------|----------------|----------------|----------------------|
| Mon., Feb. 15, 2010 | Orem | 9 a.m.–noon | Mon., Feb. 1, 2010 |
| Sat., Feb. 20, 2010 | Salt Lake City | 9 a.m.–noon | Mon., Feb. 8, 2010 |
| Tue., Feb. 23, 2010 | Ogden | 6:30–9:30 p.m. | Tue., Feb. 9, 2010 |
| Sat., Apr., 17, 2010 | Ogden | 9 a.m.–noon | Mon., Apr., 5, 2010 |
| Sat., Apr., 17, 2010 | Salt Lake City | 1–4 p.m. | Mon., Apr., 5, 2010 |
| Sat., Apr., 24, 2010 | Orem | 9 a.m.–noon | Mon., Apr., 12, 2010 |

BASIC OUTDOOR SKILLS

(classroom workshop only)

Leave no child inside! Gain additional hands-on experience in basic outdoor skills such as outdoor cooking, first aid and safety, necessary equipment, supplies, clothing, and Leave No Trace principles. Mastering the basics will help you have fun, be safe, and enjoy the great outdoors. This course fulfills the requirements for Group/Troop Camping 101 but includes more hands-on learning and in-depth information.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: None

Fee: \$15

Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|--------------------|---------------|-----------------|---------------------|
| Sat., Nov. 7, 2009 | 9 a.m.–3 p.m. | Salt Lake City | Mon., Oct. 26, 2009 |

PRACTICE MAKES PERFECT

(classroom workshop only)

Still nervous about taking your troop on a camping trip? Come to this overnight camping training and practice your outdoor skills. Enjoy camp while also broadening your knowledge about equipment usage, cooking in the outdoors, and health and safety standards. Gain skills in Leave No Trace and other outdoor techniques. Let our volunteer experts give you tips on how to incorporate amazing outdoor activities for girls. Adults who attend must have completed Group/Troop Camping 101 since this course will build on previous knowledge.

Learning course designed for: Adults only

Prerequisite: Group/Troop Camping 101 and attend preparation meeting on Wed., Apr. 14, 2010, 6:30–8:30 p.m. in Salt Lake City

Fee: \$25

Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|-------------------------------|-------------------------|-----------------|--------------------|
| Fri., May 7–Sat., May 8, 2010 | 6 p.m. Fri.–4 p.m. Sat. | Trefoil Ranch | Wed., Apr. 7, 2010 |

EXTENDED TROOP TRIPS: THREE NIGHTS OR MORE

(classroom workshop only)

Are your Girl Scouts planning to take a trip somewhere exciting? Then get on board! This course is required for troops or groups planning trips of three nights or more. This course is for trips that do not include camping. Please note that if your troop or group is going camping you need to take Group/Troop Camping 101.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: None

Fee: None

Limit: Min. 8 Max. 24

| Date | Time | Location | Deadline |
|----------------------|----------------|-----------------|---------------------|
| Mon., Feb 15, 2010 | 1–4 p.m. | Orem | Mon., Feb. 1, 2010 |
| Wed., Feb., 17, 2010 | 6:30–9:30 p.m. | Salt Lake City | Wed., Feb. 3, 2010 |
| Thu., Feb. 18, 2010 | 6:30–9:30 p.m. | Ogden | Thu., Feb. 4, 2010 |
| Tue., May 4, 2010 | 6:30–9:30 p.m. | Salt Lake City | Tue., Apr. 20, 2010 |
| Tue., May 11, 2010 | 6:30–9:30 p.m. | Ogden | Tue., Apr. 27, 2010 |
| Thu., May 20, 2010 | 6:30–9:30 p.m. | Orem | Thu., May 6, 2010 |

INTERNATIONAL TRAVEL

(classroom workshop only)

Want to travel to another country (including Canada or Mexico) or visit one of the four WAGGGS World Centers? Make your travel smooth by making sure you have your bases covered before you even leave home. This course will provide you with long-distance trip planning guidelines. This course needs to be taken 18–24 months prior to trip departure and is required before a troop can travel outside the U.S.

Learning course designed for: Adults; girls grades 10–12

Prerequisite: Extended Troop Trips: Three Nights or More

Fee: None

Limit: Min. 5 Max. 24

| Date | Time | Location | Deadline |
|---------------------|----------------|-----------------|---------------------|
| Tue., Oct. 6, 2009 | 6:30–9:30 p.m. | Salt Lake City | Tue., Sep. 22, 2009 |
| Mon., Sep. 27, 2010 | 6:30–9:30 p.m. | Salt Lake City | Mon., Sep. 13, 2010 |

Safety

A Girl Scout first-aider is an adult who has taken **both first aid and CPR training** from an organization approved by GSUSA. First-aiders are needed for physically-demanding activities and other activities involving a potential for injury (including outdoor camping and some troop/group trips). Both *Safety-Wise* and the *Volunteer Resource Guide* (VRG) provide guidelines for when first-aiders are required and what level is required for various types of activities.

GSUSA has two levels of first aid training. The organization you take training from will determine which of its course(s) meet GSUSA requirements.

Troop/group facilitators should also take advantage of the first aid training offered by local charters of national first aid program organizations approved by GSUSA. Check the organization's web site to see when the trainings are offered. GSUSA approved organizations can be found in *Safety-Wise* or the VRG.

A physician, registered nurse, pediatric nurse practitioner, physician's assistant, paramedic, emergency medical technician, dentist, or military medic may also fill the first-aider requirement. If that person is comfortable with his/her emergency medical skills and his/her licensing or certification is current, additional training is not required.

First-aiders must keep their training up-to-date as required by the sponsoring organization (e.g. American Red Cross certifications for Adult/Child CPR is only valid for one year, while Standard First Aid and When Help is Delayed are valid for three years).

For activities and trips that require a first-aider, see requirements in *Safety-Wise* and chapter 5 in the VRG, under "First Aid Requirements."

Girls of all ages are encouraged to learn first aid. However, a girl cannot replace the troop/group's requirement to have a trained adult present during required activities and events.

You can complete all three components (CPR, First Aid, and When Help is Delayed) at the same time to become a Level 2 first-aider. If you just need to re-certify for CPR you can register for CPR only. If you need level 2 first aid you will need to register for both CPR and first aid on the same day.

ADULT AND CHILD CPR: GSUSA LEVEL 1

(classroom workshop only)

This course will certify you in American Red Cross adult and child CPR (one year certification). Topics include conscious and unconscious choking, rescue breathing, and adult CPR.

You must attend the entire class to get certified (no late arrivals or early departures). Bring your own sack dinner. Wear comfortable clothing suitable for completing floor activities.

Learning course designed for: Adults; girls grades 9–12

Prerequisite: None

Fee: \$15

Limit: Min. 8 Max. 16

| Date | Time | Location | Deadline |
|---------------------|-------------|-----------------|---------------------|
| Tue., Nov. 10, 2009 | 4–7 p.m. | Ogden | Tue., Oct. 27, 2009 |
| Wed., Nov. 11, 2009 | 4–7 p.m. | Orem | Wed., Oct. 28, 2009 |
| Thu., Nov. 12, 2009 | 4–7 p.m. | Salt Lake City | Thu., Oct. 29, 2009 |
| Fri., Dec. 11, 2009 | 4–7 p.m. | Moab | Mon., Nov. 30, 2009 |
| Fri., Dec. 18, 2009 | 4–7 p.m. | St. George | Fri., Dec. 4, 2009 |
| Tue., Apr. 27, 2010 | 4–7 p.m. | Fillmore | Tue., Apr. 13, 2010 |
| Wed., Apr. 28, 2010 | 4–7 p.m. | Cedar City | Wed., Apr. 14, 2010 |



FIRST AID AND WHEN HELP IS DELAYED: GSUSA LEVEL 2

(classroom workshop only)

Girl Scouts of Utah offers the American Red Cross First Aid (Level 2) course because it includes GSUSA Level 1 components, making it a better value while maximizing time. This course will certify you in American Red Cross Standard First Aid and When Help is Delayed (three year certification). Topics include bleeding, muscle injuries, bone and joint injuries, and hot and cold emergencies.

You must attend the entire class to get certified (no late arrivals or early departures). Bring your own sack dinner. Wear comfortable clothing suitable for completing floor activities. If you also need CPR, please register for a course that is the same day as your first aid.

Learning course designed for: Adults; girls grades 9–12

Prerequisite: None

Fee: \$15

Limit: Min. 8 Max. 16

| Date | Time | Location | Deadline |
|---------------------|-----------|----------------|---------------------|
| Tue., Nov. 10, 2009 | 7–10 p.m. | Ogden | Tue., Oct. 27, 2009 |
| Wed., Nov. 11, 2009 | 7–10 p.m. | Orem | Wed., Oct. 28, 2009 |
| Thu., Nov. 12, 2009 | 7–10 p.m. | Salt Lake City | Thu., Oct. 29, 2009 |
| Fri., Dec. 11, 2009 | 7–10 p.m. | Moab | Mon., Nov. 30, 2009 |
| Fri., Dec. 18, 2009 | 7–10 p.m. | St. George | Fri., Dec. 4, 2009 |
| Tue., Apr. 27, 2010 | 7–10 p.m. | Fillmore | Tue., Apr. 13, 2010 |
| Wed., Apr. 28, 2010 | 7–10 p.m. | Cedar City | Wed., Apr. 14, 2010 |

AMERICAN RED CROSS CPR/FIRST AID INSTRUCTOR

(classroom workshop only)

This course will train you to be an American Red Cross instructor in Standard First Aid, Adult and Child CPR, and When Help is Delayed (GSUSA Level 2). It will allow you to teach these courses to Girl Scouts in your area, as well as anyone else in your community. This is an American Red Cross course hosted by Girl Scouts of Utah.

You must attend the entire class (all three days) to get certified (no late arrivals or early departures). Bring your own sack meals. Wear comfortable clothing suitable for completing floor activities.

Learning course designed for: Adults only

Prerequisite: You must be currently certified in American Red Cross Standard First Aid and Adult CPR to take this course.

Fee: \$60

Limit: Min. 8 Max. 16

| Date | Time | Location | Deadline |
|-------------------------------------|--------------------------|----------------|--------------------|
| Thu., Oct. 29 to Sat., Oct 31, 2009 | 8 a.m.–6 p.m. (each day) | Salt Lake City | Mon., Oct 12, 2009 |

ADULT TRAINING COURSES IN YOUR AREA

Adult training courses will be offered in your area! Times and training course content will be determined by the volunteers within the areas listed below. Details will be communicated during monthly Service Unit meetings. Potential training options include (but are not exclusive to) Volunteer Essentials, Troop Module, Money Mastery, and/or Girl Scout Leadership Experience.

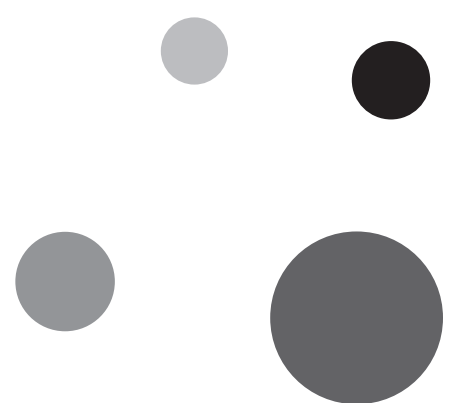
Learning course designed for: Adults; girls grades 10–12

Prerequisite: None

Fee: None

Limit: Min. 10 Max. 25

| Date | Location | Deadline |
|---------------------|--------------|---------------------|
| Sat., Oct. 17, 2009 | Brigham City | Mon., Oct. 5, 2009 |
| Sat., Nov. 7, 2009 | Cedar City | Mon., Oct. 26, 2009 |
| Tue., Nov. 10, 2009 | Park City | Tue., Oct. 27, 2009 |
| Sat., Feb. 6, 2010 | Logan | Mon., Jan. 25, 2010 |
| Sat., Feb. 6, 2010 | St. George | Mon., Jan. 25, 2010 |
| Sat., May 8, 2010 | Vernal | Mon., Apr. 26, 2010 |
| Sat., Sep. 18, 2010 | Vernal | Tue., Sep. 7, 2010 |



Enrichment Courses

GOLD RUSH: AN ADULT EVENT

(classroom workshop only)

Strike it rich! Join us and stake your claim as you dig into some of the most exciting, fun hands-on courses you'll ever find! This all-day event will give you the opportunity to learn new activities/procedures that can be incorporated during your troop meetings. More information will be provided at your October monthly Service Unit meeting.

Learning course designed for: Adults

Prerequisite: None

Fee: \$15

Limit: Min. 15 Max. 125

| Date | Time | Location | Deadline |
|---------------------|---------------|----------|---------------------|
| Sat., Nov. 14, 2009 | 9 a.m.–4 p.m. | Ogden | Fri., Oct. 30, 2009 |

TROOP CRAFT IDEAS

(classroom workshop only)

Expand your troop budget by learning how to make low-cost crafts that have pizzazz and can be adapted for all grade levels.

Learning course designed for: Adults only

Prerequisite: None

Fee: \$7

Limit: Min. 8 Max. 20

| Date | Time | Location | Deadline |
|---------------------|----------------|----------------|---------------------|
| Wed., Mar. 21, 2010 | 6:30–8:30 p.m. | Salt Lake City | Wed., Mar. 17, 2010 |

Just for Service Unit Teams

SERVICE UNIT COOKIE MANAGER (SUCM)

(classroom workshop only)

The course is for those who will be coordinating the Girl Scout Cookie Program for their Service Unit. Both new and experienced Service Unit Cookie Managers are required to attend.

Learning course designed for: Adults only (no tag-alongs; no children please)

Prerequisite: Submit a completed SUCM agreement form to the Cookie Program Manager on or before Oct. 1, 2009

Fee: None

Limit: None

| Date | Time | Location | Deadline |
|----------------------|-------------|----------------|--------------------|
| Sat., Nov. 7, 2009 | 9 a.m.–noon | Cedar City | Mon., Oct. 26 2009 |
| Sat., Nov. 14, 2009* | 9 a.m.–noon | Salt Lake City | Mon., Oct. 26 2009 |
| Tue., Nov. 17, 2009 | 6–9 p.m. | Salt Lake City | Mon., Oct. 26 2009 |

*Hotel accommodations available for this training date only. For more information, contact the Cooke Program Manager.

SERVICE UNIT DAY CAMP DIRECTOR

(classroom workshop only)

This training course is required for new Service Unit day camp directors or Service Unit day camp directors who have not taken the training course within the past three years. This course assists directors in planning day camps. Topics include budgets, planning, registration and confirmation materials, safety, and risk management. Focus areas also include guidelines, staffing, staff training, health center procedures, and required paperwork.

Note: If Service Units want to hold a day camp, a representative from the Service Unit MUST be present at this training.

Learning course designed for: Adults only

Prerequisite: None

Fee: None

Limit: Min. 5 Max. 40

| Date | Time | Location | Deadline |
|--------------------|-------------|----------------|---------------------|
| Sat., Feb. 6, 2010 | 9 a.m.–noon | Salt Lake City | Mon., Jan. 25, 2010 |

SERVICE UNIT EVENT DIRECTOR

(classroom workshop only)

This training course is required for Service Unit Event Directors who are new to the position or have not taken the training course within the past three years. This course assists directors in planning day camps, Service Unit events, and council sponsored events hosted by Service Units. Topics include budgets, planning, registration and confirmation materials, safety, risk management, guidelines, staffing, and required paperwork.

Learning course designed for: Adults only

Prerequisite: None

Fee: None

| Date | Time | Location | Deadline |
|---------------------|-------------------|-----------------|---------------------|
| Sat., Sep. 26, 2009 | 10 a.m.–1:30 p.m. | Salt Lake City | Fri., Sept 11, 2009 |

SERVICE UNIT DELEGATE

(webinar session only)

Become the voice of your Service Unit by representing adults and girls from your area as a Service Unit delegate or alternate delegate. Service Unit delegates and alternates are the communication link between the Board of Directors, Service Unit and troop volunteers, parents, and girls. Any registered Girl Scout age 14 and older may serve in this capacity once elected by members of their Service Unit. Girl representation is strongly encouraged.

Service Unit delegates, along with the Board of Directors, are accountable to the community for the organization's success in carrying out the mission of Girl Scouting. Delegates are elected by their Service Unit and serve two year terms.

Training is offered for both new and experienced Service Unit delegates and alternate delegates. We've had huge success in offering this training online. We will continue to provide this web-based and phone-in opportunity for volunteers across the state to connect with each other from the convenience of their own homes or offices.

Delegates and alternates can choose from the following training dates. Details regarding online links and phone conferencing numbers will be sent to all individuals who register for this training.

Learning course designed for: Adults; girls ages 14 and older

Prerequisite: None

Fee: None

Limit: None

| Date | Time | Location | Deadline |
|---------------------|-------------|-----------------|---------------------|
| Thu., Sep. 24, 2009 | 4–5:30 p.m. | Webinar | Thu., Sep. 17, 2009 |
| Wed., Sep. 30, 2009 | 7–8:30 p.m. | Webinar | Wed., Sep. 23, 2009 |

Spring webinar trainings—see Girl Scouts of Utah web site for dates and times.

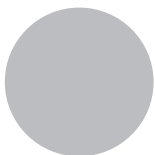
TOWN MEETINGS

(webinar session only)

Town Meetings are an open forum for volunteers, staff, board members, girls, parents, and anyone interested in the future of Girl Scouting in Utah. All members of the Girl Scout Family ages 14 and older are encouraged to participate.

Date Time Location Deadline

| | | | |
|---------------------|----------|---------|--------------------|
| Tue., Oct. 13, 2009 | 7–9 p.m. | Webinar | Tue., Oct. 6, 2009 |
| Wed., Apr. 7, 2010 | 7–9 p.m. | Webinar | Wed Mar., 31, 2010 |



Registration Information

The events and training registration form was developed for both troop and individual girl/adult use. The registration form may be photocopied to register for more than one event. To register, complete all information that pertains to you.

1. You may register either an individual or a troop on this form—not both!
2. Register only one troop or individual per form. Up to two events or trainings may be registered for on one form. For more, please make copies of the registration form.
3. Program activities, overnights, and minicamps that involve troops must meet girl/adult ratios as stated in *Safety-Wise*, Standard 13, page 39: Two adults to every 6 Girl Scout Daisies, 12 Girl Scout Brownies, 20 Girl Scout Juniors, 20 Girl Scout Cadettes, or 24 Girl Scout Seniors/Ambassadors.
5. People with disabilities should call the council registrar before the event or training to ensure the appropriate accommodations are made for specific needs.
6. Individual girls or adults must complete the section for individuals. A parent or guardian *must* sign the permission slip if it is a girl registration.
7. Troop facilitators must provide names of all girls and adults planning to attend event or training at time of registration.
8. Complete the payment section. Program activity and training fees *must* be paid in full at time of registration. A \$10 deposit per person is required for overnights and minicamps, and balance is due 30 days prior to the event. Check, money order, activity credits, or credit card number (VISA/MC or American Express) *must* accompany form. We do **not** accept Discover Card. Make checks payable to Girl Scouts of Utah.
9. One adult facilitator attending minicamps and overnights will receive a 50% discount for every eight girls registered. All other adults must pay full event or training fee.
10. Activity credits may be used for girl fees for events, trainings, minicamps, and overnights. Activity credits must be sent with the registration form. Earning activity credits does not guarantee placement in any event, training, overnight, or minicamp.
11. GSU reserves the right to cancel events or trainings if the minimum limit is not met by the deadline.
12. Refunds are only for cancellations made prior to registration deadline or if the event or training is cancelled. No exceptions will be made to this policy. All individuals or troops who cannot be placed will be notified by mail and activity credits will be refunded.
13. Confirmations will be sent within one week following registration deadline.
14. Mail or e-mail registration forms and fees to:

**Girl Scouts of Utah
Events/Training Registration
P. O. Box 57280
Salt Lake City, UT 84157-0280**



PROGRAM EVENT AND TRAINING REGISTRATION

REGISTRATION INFORMATION

NOTE: Please type or print using ballpoint pen.

Troop facilitator or individual name _____

Address _____ City _____ State _____ Zip _____

Home phone () _____ Evening phone () _____

Age/grade level _____ Troop # _____ E-mail address _____

(please indicate if individual adult) _____ Send confirmation via e-mail?

Note: For minicamps and overnights, the medical personnel have the right to refuse to admit a girl who does not meet the acceptable health conditions, e.g. temperature, contagious disease.

EVENT/TRAINING

Event or Training Name _____ Scheduled Date _____

Time _____ Place _____

ATTENDING:

Girls _____ # of Adults _____ # of Non-registered members _____ Total attending: _____

Event or Training Name _____ Scheduled Date _____

Time _____ Place _____

ATTENDING:

Girls _____ # of Adults _____ # of Non-registered members _____ Total attending: _____

PARTICIPANT INFORMATION

For Troops Only. Troop facilitators, please list all girls and adults registering for this event (use separate sheet if necessary). Be sure to indicate if the registrant is an adult or a girl.

For Individual Girls Only.

Signature (parent/guardian)

Date

PAYMENT INFORMATION

| | | |
|---|---|--------------------------------------|
| Total cost of event/training is due with registration (NOTE: deposit is due with minicamp registration) \$ _____ Total cost of event/training or deposit \$ _____ Activity credits enclosed \$ _____ Cash or Check enclosed \$ _____ MasterCard, VISA, American Express \$ _____ TOTAL ENCLOSED | <input type="checkbox"/> MasterCard | _____ |
| | <input type="checkbox"/> VISA | _____ <i>Cardholder (print name)</i> |
| | <input type="checkbox"/> American Express | _____ <i>Card No.</i> |
| | <input type="checkbox"/> Check | _____ <i>Expiration Date</i> |
| | <input type="checkbox"/> Money Order | _____ <i>Signature of Cardholder</i> |

Make checks payable to Girl Scouts of Utah

Girl Scouts of Utah Locations

Council Resource Center (CRC):

**445 East 4500 South
Mail to: P.O. Box 57280
Salt Lake City, UT 84157-0280
(800) 678-7809
Fax (801) 261-1213**

Central Utah Service Center (CUSC):

**1549 State St., Suite 106
Orem, UT 84057
(800) 781-0250
(801) 224-9852
Fax (801) 224-0632**

Northern Utah Service Center (NUSC):

**4161 Riverdale Rd.
Riverdale, UT 84405
(800) 781-0198
(801) 394-3077
Fax (801) 394-5907**





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