

# Juliette Connections





Dear fabulous Juliettes and families,

I hope that you all had a lovely holiday break. I know that I spent my time with family and friends, recharging for our exciting upcoming year. January is the beginning of the Girl Scout Cookie Program, where Juliettes become cookie entrepreneurs with the help of their caring adults. Keep reading for more information and updates.

Tkephanie Litzke

Warmly,
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CHEED!

#### It's Cookie Time!

Welcome to Cookies 2024! The Girl Scout Cookie Program is a great way for Juliettes to get involved with Girl Scouts of Utah (GSU), meet fellow Girl Scouts, and learn valuable skills like business ethics and communication. This season will include online sales and cookie booths. Juliettes will also attend our exclusive cookie entrepreneur minicamp in August! We have almost 50 Juliettes signed up already and would love to include your Juliette too!

**ACTION:** Sign up for a cookie training by Sunday, January 8.



## Summer Camp as a Juliette

Summer camp is a fantastic time for Juliettes to get out in nature and spend time with other Girl Scouts! Many Girl Scouts do not attend overnight with their troop, making this a great opportunity for Juliettes to make new friends. Girl Scouts entering grades 1-12 in Fall 2024 are all eligible to attend overnight camp. From spending your week at the lake to bringing your favorite fairy tale to life to learning to create fantastic meals there's a summer camp experience for everyone.

If overnight adventures aren't for your Juliette, many Service Units host day camps--a three-day outdoor program where Juliettes can join fellow Girl Scouts in their area to do fun activities. We also have family camps and school year camps for Juliettes who want to experience camp with a supportive adult.

Camp is also a great place for older Juliettes in 11th or 12th grade to develop their leadership skills. Maybe your Juliette would like to work at camp one day; this is the best place to start!

ACTION: Check out our camp brochure!



# Families Corner: Setting your Girl Scout Goals

Have you asked your Girl Scout what they want to accomplish this year? January is a great time for Juliettes to get started on goal setting, a valuable life skill. Girl Scouts teaches goal setting through a variety of badges and activities, and you can get started any time. Maybe your Juliette wants to earn their highest award this year. Maybe they want to earn ten badges or their Summit Award. Whatever your Juliette's goal, encourage them to write it down and work towards it throughout the year.



#### **Awesome Activities: Snow Adventure Activities**

Celebrate winter with a Snow Adventure badge! There's a Snow Adventure badge for each level and they're the perfect activity for Juliettes this winter. Try out one of the following snow sports to work towards your badge:

- Daisies: Snow play choose a fun outdoor activity like snow painting or snowshoeing.
- Brownies: Cross-country skiing get moving with groomed trails at a park or preserve.
- Juniors & Cadettes: Downhill skiing or snowboarding visit a local resort for a great adventure.
- Seniors & Ambassadors: Snow adventures test your outdoor skills with snow camping, extending snowshoeing, or other snow trips.

Don't forget to prepare for your adventure by completing the other badge steps, such as trying out yoga to improve flexibility, learning about the gear you'll need, and talking to experienced outdoorspeople.



# **Event Spotlight: Cookie Business Stars**

Work towards your cookie badges with us! Girl Scouts of all ages are invited to join Girl Scouts of Utah for this virtual event all about cookies. We'll be completing several steps of different cookie badges, playing cookie games, and working on our cookie business. This is a fantastic opportunity for Juliette cookie sellers to explore the business side of cookies.

**ACTION: Register today!** 



### **Ongoing Information**

We have many resources available for Juliette parents and caregivers. Check them out:

- Volunteer Toolkit, an online curriculum database where you can find meeting plans for badges and Journeys. Check out the Volunteer Toolkit by logging into MyGS from our website and finding it under My Account. Visit the new <u>Juliette webpage</u> to download the PDF guide for Juliettes.
- **Juliette Activity Packets** have ongoing sign ups. **Sign up** for our next round of packets.
- The **Juliette Handbook** is now available! Visit the new **Juliette webpage** to download it.
- Stay **connected** with us! <u>Girl Scouts of Utah</u> and <u>Camps</u> Facebook pages and <u>GSU Juliettes</u>. For the safety of our Juliettes, the group is private, and members must be approved. Steffi is in the group as GSU Programs.
- As a reminder, you must **remain subscribed** to the council newsletters to continue receiving this monthly newsletter.

Please let Steffi know if you have any questions about Girl Scouts. Her contact information can be found at the beginning of this email.











Have a question? Don't be shy! **Contact us** for more information.

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