

# Daisy Field Trips—Get Out and Explore!

Taking one or two field trips during your first Daisy year is an exciting way for Daisies to learn new things about their community, practice new skills, and gain confidence.

## Planning a Field Trip

- Consider attending a local council event! Or find inspiration by thinking about places in your community that connect to a petal or badge. For example, visit a fire station to complete your Respect Authority petal.
- Involve your Daisies in planning! Talk as a troop about how you'll travel to the location, what you'll need to bring, and what questions you will ask the people you meet. Daisies can also help make their packing list.
- Plan to cover the cost of the field trip using troop dues or product program proceeds. Deciding on a field trip is a great way to help Daisies set a cookie sales goal.

## Safety Checklist

- **Discuss safety with Daisies before your trip.** Adults are responsible for safety, but Daisies are part of the plan, too! Talk about how Girl Scouts always use the “buddy system” (every Daisy always has a buddy), and why it's important to listen to troop leaders and other adult helpers during the trip.
- **Keep parents/caregivers informed.** You may choose to invite all parents/caregivers on your first few field trips to build community among the troop. You could also ask just a few parents/caregivers to be chaperones.
- **Review Safety Activity Checkpoints.** Ask your local Girl Scout council for this document. Be sure to read the *Introduction—Standard Safety Guidelines*, especially the *Checklist for Drivers*, if troop volunteers will be driving anywhere. If you are doing an activity that has its own checkpoint (e.g., Community Clean Ups, Hiking), skip to that checkpoint for additional guidance.
- **Plan for health.** Make sure you have a trained first-aider attending, and plan to bring all completed parent/caregiver permission forms and health history forms on your trip.
- Ask your council if there are any other steps you'll need to take.

## Reflection

- Talking about what they experienced after the trip helps Daisies learn and build confidence. Ask questions like,
  - *Did we follow our plan?*
  - *Did we have to make any changes to the plan?*
  - *What went well?*
  - *What might we do differently next time we take a field trip?*
  - *Did you do anything for the very first time?*

## Going and Growing

- After your Daisies are expert day-trippers, you can start to plan an overnight experience for next year, giving them more responsibility for planning.
- Your field trip is the first step of the Girl Scout Travel Progression, which offers a world of possibility for your Girl Scouts!



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