

# 2022 Program Options

## Girl Scouts of Utah Troop Camping

### Program Options at Both Camps

#### **Amazing Animals** | Girls entering grades 1-12

Girls will become young biologists by learning about the animals that live around camp. They will identify various animal tracks and create a track to take home, study the life cycle and food chain of owls, and use a magnifying glass and tweezers to dissect a sterilized owl pellet. Juniors will work on some of the requirements of the Animal Habitats badge.

#### **Mad Science** | Girls entering grades 1-12

Travel to our outdoor laboratory and mix up some messy fun! Girls will create some explosions, make a tasty treat, and choose a third experiment from other Mad Science experiment options! Camp staff will lead you through all the experiments while helping you test your theories in this hands-on session.

#### **Eco Explorers** | Girls entering grades 1-12

Campers can enjoy a short hike (less than two miles round trip) around camp and participate in other activities while learning about the natural world around them. Activities focus on taking a closer look at surroundings, learning about Leave No Trace, and how girls can help protect our world. Girls will work on some of the requirements for the new Eco Explorer Badges based on grade levels: Eco Learner (Daisies), Eco Friend (Brownies), Eco Camper (Juniors), Eco Trekker (Cadettes), Eco Explorer (Seniors), and Eco Advocate (Ambassadors).

#### **Knot Tying, Knife Safety, and First Aid** | Girls entering grades 1-12

The Outdoor Skills Patch Program is a progressive, five-level program to help Girl Scout Daisies-Ambassadors learn and become proficient in outdoor skills. This session focuses on three of eight outdoor skills – Knot Tying, Knife Safety, and First Aid. Learn how to tie three knots and understand their uses, stay safe when using a knife or other sharp objects, and perform some first aid techniques, like splints, in the wilderness. Each participant will leave the activity with a homemade first-aid kit.

Girls will complete some Girl Scouts of Utah Outdoor Skills Levels. Daisies will complete Level 1, and Brownies will complete Levels 1 and 2. Juniors and up will complete Levels 1, 2, and 3. Brownies will complete steps 2, 3, and 4 of Brownie First Aid. Juniors will complete step 3 of Junior First Aid. Daisies will complete step 3 of the Buddy Camper badge. Brownies will complete step 4 of the Cabin Camper badge. Juniors will complete step 2 of the Camper badge.

## Program Options at Trefoil Ranch

### **Archery** | Girls entering grades 2–12

Experience Trefoil Ranch's archery range, which uses Genesis compound bows (official bow of the National Archery in Schools program) and basic archery targets connected to hay bales. Camp staff are trained for the camp's specific archery range through a Level 2 USA Archery Instructor. Cadettes will work on some of the requirements for the Archery badge.

### **Hatchet Throwing** | Girls entering grades 6–12

Campers can experience the latest craze of hatchet throwing at Trefoil Ranch! Girls will learn safety of the sport and work to improve their aim while at the course. Camp staff are trained for the camp's specific hatchet range and follow all safety standards.

### **High Ropes Course** | Girls entering grades 6–12

Experience the high ropes course at Trefoil Ranch. The high ropes course provides campers the opportunity to climb up a pole while being belayed and then traverse across numerous elements with lobster claws. The course is inspected each summer, and camp staff are trained by an Association of Challenge Course Technology-approved vendor.

### **Teambuilding** | Girls entering grades 1–12

Bring your troop together by participating in a variety of teambuilding challenges. Girls will work together to complete a variety of ground-based challenges that strengthen problem solving and communication skills. Camp staff are trained in a variety of activities that they will sequence and debrief accordingly, based on your group and their needs/goals.

### **Horseback Riding & Horse Care** | Girls entering grades 1–12

Campers will visit the stables at camp where they will meet some of the horses while learning some of the basics of horseback riding and horse care. Campers will be fitted for helmets and boots (if needed) when arriving at the stables. Camp staff will assist campers on a brief ride around the arena, learn horse grooming and ground handling, as well as assist with horse care (stall cleaning and watering).

### **Outdoor Art Badge Series** | Girls entering grades 1–12

*Maker (Grade 1) | Creator (2-3) | Explorer (4-5) | Apprentice (6-8) | Expert (9-10) | Ambassador (11-12)*  
Trefoil Ranch is a beautiful place to work on various art projects in different locations at camp based on the Outdoor Art badge curriculum. Multi-level troops will be grouped based on grade levels. Camp staff will work with your girls to complete sections of the badge. Some badges may require additional steps after camp.

### **Woodworking Experience** | Girls entering grades 1–12

Enjoy Trefoil Ranch's woodworking shop this summer! Girls who sign up for this woodworking introduction course will learn skills, such as how to sand, use a hammer, and an introduction to other hand tools. By the end of the session, girls will create a picture frame project to take home. Girls will not use the power tools during this session. Cadettes will work on some of the requirements for the Woodworking badge.

## Program Options at Camp Cloud Rim

### **Textile Art | Pottery Experience** | Girls entering grades 1–12

Cloud Rim's art program has two mediums that campers can try this summer at troop camping. Girls who sign up for Textile Art will create a reverse tie-dye effect, hand-sew a project, and try weaving with a loom. Girls who sign up for pottery will experience time on the pottery wheels and hand building. Pieces built in pottery will not be fired or glazed. Pottery and textile experiences are led by camp staff with backgrounds in these mediums.

### **Bouldering & Rock Climbing**

*Bouldering (grades 1-12) | Rock Climbing on the camp chimney (grades 4-12)*

*Rock Climbing on rock-face outcrop (grades 6-12)*

Cloud Rim has a rock-face chimney attached to the lodge where campers can learn the basics of bouldering and rock climbing. Bouldering is a type of climbing where campers traverse across the chimney with a spotter following them (no harness or rope, pre-determined climbing height). The Cloud Rim chimney is approximately 30 feet tall and girls climb using a harness, rope, and helmet. There is a rock-face outcrop for even more climbing.

### **Primitive Camping Experience** | Girls entering grades 4–12

Thinking about a backpacking trip as a troop? Try out this overnight experience first! Campers will pack out their gear for the night starting around 3:00 p.m., hike to a location, set up pop-up tents or hammocks, cook dinner on camp stoves, fall asleep under the stars, wake up, pack up their gear, and hike back to camp in time for breakfast (8:00 a.m.). Gear is provided by camp with the exception of personal items.

Overnight locations are determined by camp staff and are on or near camp property within a 20 minute walk from the lodge.

Note: The overnight experience will take two of your three program blocks. Girls will earn the Junior Eco Camper, Cadette Primitive Camper, and Senior Adventure Camper badges.

### **Waterfront at Cloud Rim** | Girls entering grades 1–12

Camp Cloud Rim is home to Lake Brimhall where campers can participate in a wide variety of activities. The waterfront is staffed by waterfront lifeguards with training in watercraft activities. All campers are required to wear life jackets while swimming and while operating canoes, kayaks, sailboats, and other watercraft. All campers can canoe and swim. Campers entering grades 4–12 can kayak and paddle board.

