



August 2021

Camping for a Cause Canceled

We have made the difficult decision to cancel our 2021 Camping for a Cause in-person event. Many factors contributed to this decision, and we share your disappointment and apologize for any inconvenience. Camping for a Cause is a much-loved annual event that connects women throughout Utah. We look forward to 2022 when we can deliver this event in the way it's meant to be experienced and enjoyed.

If you purchased a ticket, you should have received an email with refund options. If you have not received this email, or have additional questions, please contact GSU for assistance.

Though we aren't able to host Camping for a Cause in the way it's meant to be enjoyed, there will still be an opportunity to support Girl Scouts of Utah. We will host a Camping for a Cause virtual silent auction August 13-14. You may preview the auction items now! **The online auction opens 8:00 a.m. on August 13 and closes 5:00 p.m. on August 14.** A commemorative Girl Scout bundle is available for purchase for \$25 on the auction site; it includes a dry bag and solar lantern featuring our Girl Scouts of Utah logo. You must register in order to participate in the silent auction.

We want to thank our Fund Development Committee for all the hard work they put into planning this event. We look forward to 2022, when we can safely gather again, enjoy each other's company, and support Girl Scouts at our beautiful Camp Cloud Rim property.

Save your spot

Donor Circle: Why I Give



Lisa White is a dedicated supporter of Girl Scouts: she's a member of Girl Scouts of Utah's Board Development Committee, Chair of the Utah Day of the Girl Planning Committee, and a lifetime member. Lisa has been instrumental in the planning of Utah Day of the Girl and is always looking for ways to support girls.

Lisa is also a former Girl Scout; she first joined as a Brownie and remained a Girl Scout until 11th grade. Growing up as an Air Force "brat," her mother wanted to provide consistency. Every time they landed at a new base, she would sign up for Girl Scouts. Lisa loves that Girl Scouts is a collaboration, not a competition, with other girls. Girl Scouts gave her a terrific sense of achievement, but not at the expense of someone else.

Lisa gives to Girl Scouts of Utah because she can see the impact locally. "As a professional woman, I know personally the contribution that women make in all areas of business. It's important that we help girls to build confidence and skills so that they can pursue whatever path they choose," Lisa says. For any girl thinking about joining Girl Scouts, "just do it!"

[Support Utah Girls](#)



Harmons Sponsoring Event

Girl Scouts of Utah is thrilled to announce Harmons as our Presenting Sponsor for Utah Day of the Girl 2021! Harmons is a family-owned and locally-run grocery store providing quality food all over Utah. As you may remember, Harmons has a history of supporting Girl Scouts of Utah; with unsold inventory after the 2020 cookie season was cut short, Harmons generously stepped in and took cookies on consignment to sell in their 19 stores. Over 72,000 packages of cookies were sold in stores thanks to Harmons.

Utah Day of the Girl is Wednesday, October 13, at the Marriott Downtown City Creek in Salt Lake City. Individual tickets will go on sale August 12.

[Sponsor Opportunities Available](#)

Give the Gift of Summer Camp

Girl Scout summer camp makes outdoor activities and experiences accessible to girls who may otherwise not have the opportunity to participate. Girls learn how to recreate responsibly as they develop outdoor skills and learn how to take action to protect the environment.

In the summer of 2019, Trefoil Ranch provided a safe space for Macey, a middle school Girl Scout struggling to manage her depression, anxiety, and body image issues. According to Macey's mom, her daughter had an incredible time at camp and spent the hour-long car ride chattering away about it. With the input of her therapist and support of her family, Macey's camp experience helped her identify new strategies to contribute to managing her mental health at home, including less time spent on technology, more time outside, and joining a softball team where she can make friends.

Spending time at camp increases a girl's self-confidence, and studies show that exposure to the outdoors improves cognitive functioning and reduces stress. With girls experiencing a mental health crisis, made worse by the isolation of a global health pandemic the past year, girls need camp now more than ever. Your support ensures Camp Cloud Rim and Trefoil Ranch can deliver life-changing experiences to girls for years to come.

Donate to Camperships & Receive a Camp Shirt!

This year, donors who give \$100 or more towards camperships will receive a special t-shirt celebrating 75 years of Trefoil Ranch! When making your donation, simply change the designation to "Campership - 04" or click "This gift is in honor, memory, or support of someone" and complete the field with "Char Corbit Campership Fund." Please include your t-shirt size and mailing address (if



different than billing) in the comment box; shirts are adult unisex sizing and will be mailed to you.

[Send a Girl to Camp](#)

Girl Scouts & Mental Health

Girls are deeply concerned about the stress, anxiety, depression, and other mental health issues that they and their peers are experiencing. While they feel their mental health is somewhat supported, girls want more resources and to destigmatize mental health. A safe, accepting environment, like Girl Scouts, allows girls to build a community that fosters positive mental health.

Research from the Girl Scout Research Institute shows that girls feel being in Girl Scouts supports their mental health. Girls say that although there are a lot of resources available outside Girl Scouts, they know and trust what Girl Scouts has to offer in support of mental health.

Girls say Girl Scouts provides:

- a safe space
- a program that teaches leadership, courage, confidence, and character
- social support and friendships
- supportive adult relationships
- consistency and comfort in a time of change

[Provide a Safe Space for Girls](#)

Donate Now

[Support our Movement by joining Girl Scouts as an Adult Member!](#)

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Have a question? Don't be shy!
Contact us for more information.

Our address is 445 East 4500 South #125, Salt Lake City, UT 84107

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