

## Short and Snappy – My Promise, My Faith Pin



### Objective

To introduce volunteers to an award opportunity for girls.

### Length

20 minutes

### Materials

### Needed

Activity worksheet,  
pencils/pens



### Information to Share (spend 10 minutes on this section)

#### *What is it?*

The My Promise, My Faith award is a national Girl Scout award available to girls in grades K-12. The award invites girls to experience a faith journey through exploration of the Girl Scout Law and reflection on teachings from their faith.

Through earning this pin, girls strengthen the connection between their faith and Girl Scouts by connecting a specific line of the Girl Scout Law with the views and beliefs of their faith. Girls can earn it every year, focusing on a new line of the Girl Scout Law. Each year involves taking the same five steps, and working on them in an age-appropriate way.

#### *How to earn it:*

Complete these five steps:

1. Pick a line from the Girl Scout Law, and find a prayer, hymn, psalm, reading, or ritual of your faith that relates to that line. Think about the connections between your faith and what you have learned through your Girl Scout experiences.
2. Interview a woman in your own or another faith community and talk with her about how she acts in her life in relation to your chosen line of the Girl Scout Law. Tell her that line of the law, and ask her to give you examples of what it means to her and how she tries to follow it in her daily life.
3. Find three inspirational quotes by women that fit with your chosen line of the Girl Scout Law. Place the quotes somewhere you will see them daily, to remind you to live by that line of the law.
4. Make something that reminds you of what you learned. This could be a drawing, painting, poster, story, skit, or song.
5. Make a commitment to live what you have learned. This can be a private commitment, or a public commitment that you share with others in your faith, your friends, family, or another group.

## Information to Share (continued)

### FAQs

**“Is Girl Scouts teaching religion through My Promise, My Faith?”** No. Girl Scouts is a secular organization. Because the Promise and Law are in alignment with what many faith organizations teach, My Promise, My Faith and the Girl Scout Leadership Experience provide girls an opportunity to strengthen their faith journey as they grow their leadership skills.

Girl Scouts of the USA makes no attempt to define or interpret the word “God” in the Girl Scout Promise. It looks to individual members to establish for themselves the nature of their spiritual beliefs. When making the Girl Scout Promise, individuals may substitute wording appropriate to their own spiritual beliefs for the word “God.” This disclaimer appears in the National Leadership Journey adult guides, but not in the girls’ books. It’s included here to remind you, as a volunteer, that it’s your responsibility to be sensitive to the spiritual beliefs of the girls in your group and make sure that everyone in the group feels comfortable and included in Girl Scouts. Please feel free to share this information with girls’ families.”

**“Where are the pins worn?”** This award is worn on the sash or vest, below the bridging patch award. See The Girl’s Guide to Girl Scouting for the layout. Additional religious recognitions can be worn alongside the My Promise, My Faith pin or anywhere below it.”

**“How much time does a girl have to complete the award?”** Girls can complete the requirements any time during the membership year.”

**“When is it appropriate to present the award?”** This award can be presented any time after she has completed the requirements. Consider presenting it in a special ceremony or Court of Awards. Also, many faith organizations acknowledge religious recognitions earned by girls in their faith community on Girl Scout Sunday or Girl Scout Sabbath, during Girl Scout Week. My Promise, My Faith can be incorporated into these ceremonies.”

**“Can a Girl Scout do this outside of her regular troop meetings?”** Yes. Parents and family are encouraged to get involved.”

FAQs taken from the Girl Scouts of San Diego at [https://thinmint.sdgirlscouts.org/files/volunteer/training/My\\_Promise\\_My\\_Faith\\_Pin.pdf](https://thinmint.sdgirlscouts.org/files/volunteer/training/My_Promise_My_Faith_Pin.pdf), accessed 3/6/2017.

## Activity (spend 10 minutes on this section)

Break up into smaller groups. Hand out the worksheet (next page). Discuss ways that different ages of Girl Scouts might approach different lines of the Girl Scout Law, and fill in the worksheet.





