

## Short and Snappy – Girl Scout Grace



### Objective

To introduce the tradition of singing grace in Girl Scouts and teach a few different graces.

### Length

20 minutes

### Materials

#### Needed

Positive attitudes

### Information to Share (spend 5 minutes on this section)

Singing grace is a long-time tradition of Girl Scouts.

In Girl Scouts, we value and respect all different beliefs and backgrounds. When we sing grace, we are showing our appreciation for what we have, usually focusing on delicious food. Grace is traditionally sung before a meal or a snack. Grace is also an opportunity for Girl Scouts to express joy together, and share in a sense of happiness and gratefulness.

#### FAQs:

**Q:** Is Girl Scouts teaching religion through singing grace?

**A:** No. Girl Scouts is not affiliated with any religion/religious beliefs. Grace is about expressing joy and appreciation for what we have in our lives.

**Q:** What if the grace says “God”?

**A:** Girl Scouts of the USA makes no attempt to define or interpret the word “God” in signing grace, or in saying the Girl Scout Promise. It looks to individual members to establish for themselves the nature of their own spiritual beliefs. When making the Girl Scout Promise or singing grace, individuals may substitute wording appropriate to their own spiritual beliefs for the word “God.” This is included here to remind you, as a volunteer, that it’s your responsibility to be sensitive to the spiritual beliefs of the girls in your group and make sure that everyone in the group feels comfortable and included in Girl Scouts.

## Activity (spend 15 minutes on this section)

Teach the following graces:

### **ADDAMS FAMILY GRACE**

(Tune: Addams Family theme)

Du du du du (snap, snap)

Du du du du (snap, snap)

Du du du du

Du du du du

Du du du du (snap, snap)

We thank the Lord for giving

The things we need for living

The fun, the food, the friendship

Our Girl Scout family

Du du du du (repeat)

### **JOY**

J-O-Y J-O-Y Joy Joy Joy

J-O-Y J-O-Y Joy Joy Joy

J-O-Y J-O-Y Joy Joy Joy

J-O-Y J-O-Y Joy Joy Joy

### **BLESS OUR FOOD**

(Tune: Make New Friends)

Bless our food

We share with friends today

Grant us peace and love

Along our way.

### **SILENT GRACE**

May the great God above (use hand to circle head 3 times)

In the future as in the past (point front, back)

Fill our hearts (hands cross over chest)

With much love (roll arms)

And great joy (pound fist 3 times)

### **BACK OF THE BREAD**

Back of the bread is the flour,

And back of the flour is the mill,

And back of the mill is the sun and the rain

And the Father's will.

### **JOHNNY APPLESEED**

Oh, the Lord is good to me and so I thank the Lord

For giving me the things I need

The sun and the rain and the apple seed.

The Lord is good to me!

### **JAWS GRACE**

(Tune: Jaws theme. Put hands above head making a shark fin – move up and down to the rhythm of JAWS)

God is

So we

Great and

Thank Him

God is

For our

Good and

Food and

(speed up)

AMEN! (arms come down and clap hands as like a closing shark mouth as you saw AMEN!)

- ✓ For the tune and/or actions corresponding to each grace, do a Google or YouTube search in preparation for this Short and Snappy.
- ✓ Remember, when teaching a song, it is best to follow this outline:
  1. Sing the whole thing once through while the group listens.
  2. Sing a line, and have the group sing it back to you. Do this for each line of the song.
  3. Sing the whole song together.
  4. Repeat if desired.