

A woman wearing sunglasses and a pink shirt is smiling and interacting with a group of young girls on a grassy field. The girls are wearing colorful clothing, and the background shows a park-like setting with trees and a building.

# Practice Makes Perfect: Girl Scouts Refresher



# Promise and Law

## Girl Scout Promise

*On my honor, I will try:*

To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

## Girl Scout Law

*I will do my best to be*  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
*and to*  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
*and*  
be a sister to every Girl Scout.





Girl Scouting builds girls of  
courage, confidence, and  
character, who make the world a  
better place!



Girl Scouting is made possible through trusted, caring adults whom girls look to for guidance, inspiration, and support as they grow.

# Governing Structure



**Adult Leaders are  
the heart of our  
organization!**

## The Girl Scout Leadership Experience

Focus of  
Girl Scout Activities

**Discover**  
**Connect**  
**Take Action**

Girl Scout  
Processes

**Girl Led**  
**Learning by Doing**  
**Cooperative Learning**

*5 Short Term Outcomes*

**Strong Sense of Self**

**Positive Values**

**Challenge Seeking**

**Healthy Relationships**

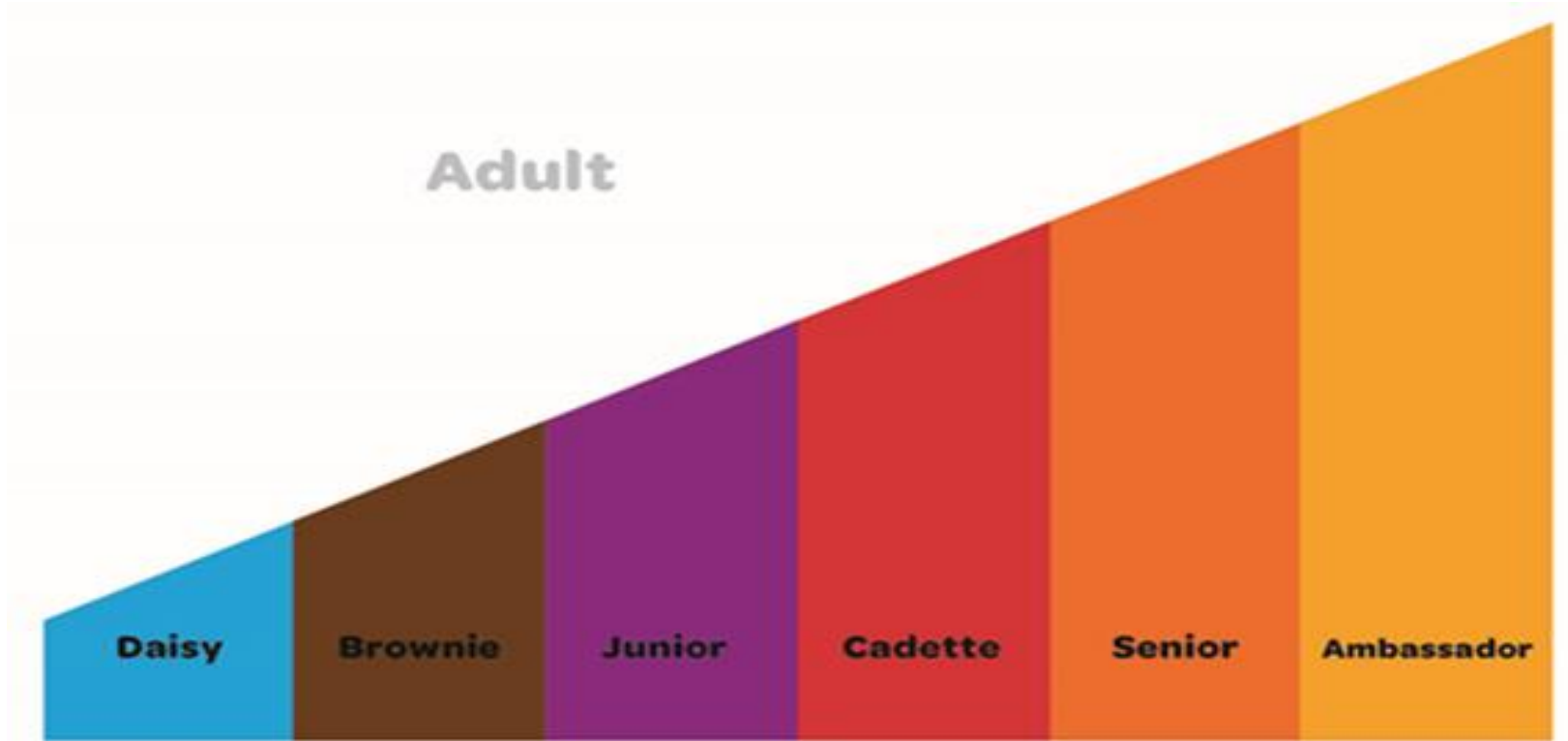
**Community Problem Solving**

Girl Scout  
Mission

Girls lead  
with courage,  
confidence, and  
character to  
make the world  
a better place.



# Girl-Led & Girl Progression





# Safety



## Volunteer Essentials

## Safety Activity Checkpoints





# Safety



- Girl to Adult Ratio
- First Aider
- Additional Training
- Accident & Emergency Reporting



	Group Meetings		Events, Travel, and Camping	
	<b>Two</b> unrelated volunteers (at least one of whom is female) for every:	<b>One</b> additional volunteer to each additional:	<b>Two</b> unrelated volunteers (at least one of whom is female) for this number of girls:	<b>One</b> additional volunteer to each additional:
Girl Scout Daisies (grades K–1)	12	6	6	4
Girl Scout Brownies (grades 2–3)	20	8	12	6
Girl Scout Juniors (grades 4–5)	25	10	16	8
Girl Scout Cadettes (grades 6–8)	25	12	20	10
Girl Scout Seniors (grades 9–10)	30	15	24	12
Girl Scout Ambassadors (grades 11–12)	30	15	24	12

# Check your knowledge!



Finished with Game

Girl Program	Safety & Success	Working with Parents & Girls	Finances & Cookies	Resources
<u><b>10</b></u>	<u><b>10</b></u>	<u><b>10</b></u>	<u><b>10</b></u>	<u><b>10</b></u>
<u><b>20</b></u>	<u><b>20</b></u>	<u><b>20</b></u>	<u><b>20</b></u>	<u><b>20</b></u>
<u><b>30</b></u>	<u><b>30</b></u>	<u><b>30</b></u>	<u><b>30</b></u>	<u><b>30</b></u>
<u><b>40</b></u>	<u><b>40</b></u>	<u><b>40</b></u>	<u><b>40</b></u>	<u><b>40</b></u>



# Girl Program – 10



Name one of the three parts of the Girl Scout Promise.

- To serve God and my country.
- To help people at all times.
- Live by the Girl Scout Law.



# Girl Program – 20



## What does Take Action mean?

Doing projects and activities that make the world a better place in a sustainable way.



# Girl Program – 30



How would you implement Girl-Led with a Daisy troop?

Answers Vary



# Girl Program – 40



What is one characteristic of badges that are different from Journeys?

They are short term, have a specific checklist, and can be incorporated into an ongoing Journey.





# Safety and Success – 10



How many adults would you need to take 20 Juniors to the zoo?

Three (3)





# Safety and Success – 20



When do you need a First Aider?

Any time you meet outside of your normal time and/or place.



# Safety and Success – 30



What are Tagalongs and are they allowed on Girl Scout Trips?

Anyone who is either not a registered member of Girl Scouts or is a member but is not in the correct age group. No, they are not allowed on Girl Scout trips.



# Safety and Success – 40



Which two documents should you reference in order to ensure you are maintaining a safe environment?

Volunteer Essentials and Safety Activity Checkpoints.



# Working with Parents & Girls – 10



What is a good way to keep girls occupied as they arrive to your troop meeting?

Simple activities that girls can participate in as they arrive that don't require adult help such as puzzles, bingo, coloring pages, or crafts.





# Working with Parents & Girls – 20



Name 3 ways to avoid conflict with parents.

Set expectations early, clear communication, show appreciation, etc.



# Working with Parents & Girls – 30



Name one tool that can help manage behavior in girls?

- Kaper Charts
- The Talking Stick
- Troop Agreement
- Troop Government
- Songs and Games



# Working with Parents & Girls – 40



A parent says they can only get their daughter there a half hour after meetings start, because she has ballet lessons right before. They ask if their daughter can still participate.

This is up to the Troop Leader's preference.

(If that is the case, you should always offer to help connect them with Council to find another troop – do not just dismiss her being a Girl Scout).





# Finances & Cookies – 10



A parent has offered to take the girls' cookie forms to work so that the troop can reach their fundraising goal.

Suggest to take girl to work with parent, or to have her send an interest sheet with her parents to collect phone numbers and then the girl can call to take orders. The girl must be involved in the sale (order-taking); the parent cannot do it for her.



# Finances & Cookies – 20



How many girls do you need in your troop to set up a troop bank account?

Five (5)

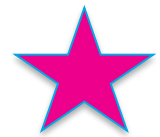


# Finances & Cookies – 30



When is the troop Annual Financial Report due?

June 30th



# Finances & Cookies – 40



What is a benefit to GSU setting up a Wells Fargo Banking Account for you?

- Cookie funds go directly into the account.
- Debit Card access and no monthly fees.
- GSU will manage any account issues.
- If the troop disbands, GSU will work with Wells Fargo to close the account.



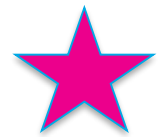


## Resources – 10



What is the online tool where you can access Journeys and Badges and set up a year plan?

Volunteer Toolkit (VTK)



## Resources – 20



What are the phone number and email address where you can contact Council to receive support?

[info@gsutah.org](mailto:info@gsutah.org); 801-265-8472

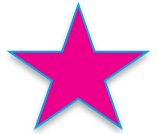


# Resources – 30



Where can you meet with other troop leaders from your local area to get support and find out about local events?

Your Girl Scouts Service Unit Meetings





# Resources – 40



Who is the point person on the Service Unit Leadership Team who will keep you informed on local events, activities, and trainings?

Service Unit Director and Service Unit Events Representative





# Questions?

Customer Care:  
[info@gsutah.org](mailto:info@gsutah.org)  
801-265-8472

