

S'more News

A monthly newsletter for Girls and Family



May 2023



Your Year of

Discovery

Renew for another year of Magic!

Now is the time to save your place and keep growing, learning, and laughing with your best friends all year long. It's easy and FREE to renew.



All you need to do is complete the form via the button/link below. As an extra incentive to renew this spring: if you renew between now and May 31, we will send you this clever patch designed a by local Girl Scout.

RENEW TODAY



Explore mental health and wellness with GSU

May is Mental Health Awareness Month, and GSU has released a new council patch program: Mental Health Awareness. The patch program, written in partnership with Girl Scout Junior Victoria Bee M., is meant to empower volunteers and Girl Scouts to learn about mental health. The patch is divided into three sections:

1. Science of Mental Health
2. Mental Health Conditions, Awareness, and Stigma
3. Coping Strategies and Skills

EARN THE PATCH



Experience theatre with Tuacahn

Girl Scouts of all ages are invited to Tuacahn Theatre on Friday, August 26 for an incredible theatre experience. The activities include a ticket to Tarzan the Musical, a backstage tour, and a delicious boxed dinner. The cost is \$75 for members (35% savings.)

RESERVE YOUR SEATS



Get started on your Highest Awards

Summer can be a great time to get out in your community and do some on-the-ground research into how you can take action while earning the highest award. It can be hard to identify an issue and investigate its root cause, but seeing for yourself how things are operating or talking with others about their concerns opens up your possibilities. Go to community fairs or farmers markets to interview your community. Visit local organizations and learn about the work they are doing. Attend a city council meeting. Not only can you learn about the issues, but you might just meet some concerned community members that you can recruit to be on your team.

EARN YOUR BRONZE, SILVER, OR GOLD

Get outdoors with Girl Scouts Love the Outdoors Patch



You don't need access to a national park to enjoy the outdoors. So put yourself out there with us and participate in the Girl Scouts Love the Outdoors Challenge. Spending at least 120 minutes a week in nature is associated with good health and well-being, even if you spend that time becoming a rockstar at rock climbing or making a splash in the puddles around your neighborhood. Download the activity sheet to see what's possible right outside your front door today.

GET OUTDOORS



Troop Travel this summer

Girl Scouts is all about progression and building skills. Summer offers the perfect time to take another step in exploring. Take a day trip to a museum or explore the ecosystem around the Great Salt Lake. Try a backyard campout. Plan an overnight trip to a nearby town.

As Girl Scouts get older, they can plan longer trips across the nation and around the world. This summer, troop trips include Disneyland, Washington DC, Greece, and Mexico. As troops receive activity credits and funds raised from selling cookies, think about how to plan your next great adventure. If you're already planning a trip this summer, make sure your troop turns in the [travel application](#) at least two months in advance. The rest of your paperwork is due at least one month before your trip.

TRAVEL WITH GIRL SCOUTS



2023 Cornelia Benton Scholarship Recipients

Congratulations to the 2023 recipients of the Cornelia Benton Scholarship.

- Abigail S.
- Emily G.
- Emily H.
- Tanya Y.

The Cornelia Benton Scholarship honors the legacy of one of Utah's ultimate Girl Scouts, "Cornie" Benton. This is awarded annually to four graduating seniors that have been active in Girl Scouting for six or more years, have served their community in meaningful ways, and have demonstrated leadership. Girl Scouts who are interested in applying in the future can find more information on our [website](#).



Your Opinion Matters – Take our GSU Program Survey Today

Girl Scouts of Utah is dedicated to providing the best possible programming to our members. Your input is valuable to us and will help us to improve our programming opportunities to better meet your needs. As a token of our appreciation, we are offering a chance to win one of three \$50 gift certificates to be used towards council ran programs to those who complete the survey. Gift certificates will expire on September 30, 2024.

The survey will take approximately 10 minutes to complete and can be accessed using the link below. All responses will be kept confidential. The survey will close on May 31, 2023.

TAKE THE SURVEY



Trefoil Ranch among 20 Girl Scout camps named Best Summer Camps 2023

Trefoil Ranch has been named one of America's Best Summer Camps by Newsweek. Selections are based on criteria including ACA accreditation, parent feedback, and social media reviews. Trefoil Ranch is one of only two Utah summer camps named, and it is one of only 20 Girl Scout Councils recognized in 2023.

Limited availability remains for overnight camp programs at Trefoil Ranch for this summer. Registration for overnight closes 2 Mondays prior to the program, or once full. View our top picks of open programs below or explore all summer sessions.

- Entering Grades 1-3: [Camp Sampler Mini: 7/5-7/7](#)
- Entering Grades 4-5: [Junior Geocacher: 6/19-6/23](#)
- Entering Grades 6-8: [Cadette Crafting Craze Mini: 7/5-7/7](#)
- Entering Grades 7-12: [Camp Fury: 7/31-8/5](#)

EXPLORE ALL SUMMER SESSIONS

Checkout our can't miss events

Find our upcoming programs on our [event calendar](#). We work hard to deliver a variety of programming throughout the state including at our camps and resource

centers, in collaboration with [Program Partners](#), and virtual events.

June 10



Trefoil Ranch Open House

All ages

Register by June 5

[LEARN MORE](#)

July 27



Summer Sampler
Grades K-3
Register by July 19

[LEARN MORE](#)

August 4



Girl Scout Night with the Salt Lake Bees

All ages

Register by August 4

[LEARN MORE](#)

Quick links

- Receive up to three [scholarships](#) per year to participate in Girl Scout Programming.
- [Visit](#) our offices and shops.

- Discover all the [activities](#) you can do with Girl Scouts.
-

Council News & Updates

Quick links

- Join GSU's team - [find and apply to job openings](#).
 - Receive ongoing communications from GSU - [GSU's Facebook](#)
 - Salt Lake City and American Fork shop info - [Retail](#)
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Support Girl Scouts of Utah while you shop!

- Shop at [Smith's](#) and follow the instructions to link your Rewards Card to Girl Scouts of Utah
- Shop with [Walmart online](#) and round up your change to donate.



Have a question? Don't be shy!
[Contact us](#) for more information.