



S'more News

A monthly newsletter for Girls and Family



May 2024



Mental Health Awareness Month

Mental Health Awareness Month

In case you missed it, we have some fantastic news to share. Thanks to the generous support of the Emma Eccles Jones Foundation, completing any of our programs for the Science of Happiness badge, Be Kind to Your Mind patch, and the Ready, Resilient & Strong patch earns you a free patch or badge. It's a wonderful opportunity to learn, grow, and prioritize your mental health while earning these meaningful rewards. Don't let this chance slip away—make sure to earn your patches and badges! Let's continue our journey of exploration, learning, and growth together.

Explore Mental Wellness with Resilient, Ready, Strong

Want to learn more about the available patches? Check out the Resilient, Ready,

Strong patch! Scientists have found that certain activities may lift your mood, calm you down when you're stressed, and help you face challenges—and you can do many of these activities at Girl Scouts. This patch program has 10 skills that may help boost your resilience, with two activity choices pulled from Girl Scout badges and more. Be sure to check this patch out for Mental Health Month this May!

LEARN MORE



Girl Scouts of Utah Summer Camp!

Your Summer of Adventure starts with Girl Scouts. From kayaking to horseback riding to sleeping under the stars, your Girl Scout will be surrounded by so many exciting activities and opportunities to choose from. By attending Girl Scout camp, kids build more independence, learn how to adapt to new environments, and build friendships to last a lifetime. For a limited time, if you refer a friend to attend Girl Scout camp, you'll each receive a \$25 trading post credit* to spend at camp!

**Terms and conditions apply.*

REGISTER NOW!



New! You and Me Introduction to Camp - July 24-26

Come experience everything that summer camp has to offer, with your favorite adult by your side! This camp is a fun opportunity for campers (and guardians!) who may be nervous about going to camp for the first time. Participants will be grouped into units, assigned camp counselors, and have the opportunity to experience waterfront programming, a cookout, nature hikes, and other classic camp activities. By the end of this camping adventure, you'll grow your confidence and be ready for a program on your own!

REGISTER NOW!



Sign up for a
Day Camp!



Sign up for Day Camps!

This summer, 15 Girl Scout service units will host a variety of adventurous hands-on day camps throughout Utah. Choose from STEM, storytelling, trolls, basic outdoor skills, and so much more. Find your favorite day camp and sign up now on our event calendar!

LEARN MORE!



Stargaze and Explore Space Science this summer!

Join us under the stars this summer! The fourth annual Astronomy Explorers program is back for another year of space science fun at our beautiful camps. Choose from a family-friendly evening stargazing activity at Trefoil Ranch, or pair up with your child for an overnight stay at Camp Cloud Rim. Both events will feature Space Science badge activities, hands-on astronomy fun, and stargazing with our telescope beneath the dark skies.

LEARN MORE!



Enjoy a Night at Hogle Zoo with Your Troop or family!

You're invited to the 2024 Annual Girl Scout Night at Hogle Zoo! Join us Wednesday, June 5 for a family-friendly event open to all ages. This is a special summer evening event where we'll have Hogle Zoo all to ourselves as we explore the animals, enjoy special presentations, and participate in fun activities hosted by zoo staff.

REGISTER NOW!

Work on Earning Your Bronze, Silver, or Gold Award over the Summer!

Summer is a great time to get out and explore your community to learn about the issues happening around you. Take some time to observe what's going on and talk with people that live or work in the area to help you find your root cause. Attend a community fair and talk with the organizations hosting booths. They may give you an idea for a topic and could also be potential teammates available to help implement your project. Not sure where to get started? Attend our next [Highest Awards Chat](#) to ask all of your questions and brainstorm ideas.

LEARN MORE!



Travel to Greece with Girl Scouts of Utah in 2026

Join us on May 30 to learn about how you can prepare to travel with Girl Scouts in summer 2026, as we venture from the Parthenon to the Peloponnesian Peninsula. Wander the streets of Athens and explore the ancient ruins of Delphi. Immerse yourself in thousands of years of history and marvel in the turquoise waters of the Aegean Sea. Girl Scout Cadettes, Seniors, and Ambassadors that will be 13 years or older at the time of travel are welcome to join us. Council trips are a great opportunity to use your hard-earned activity credits. Learn about how you can join us on the trip of a lifetime at our [information session!](#)

Check out our can't miss events

Find our upcoming programs on our [event calendar](#). We work hard to deliver a variety of programming throughout the state including at our camps and resource centers, in collaboration with [Program Partners](#), and virtual events.

June 6



**Science and
Engineering Field Trip
Featuring Lab Tours**
Grades: 6-12
Register by June 2

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June 17



**Nature Cat Adventure
with PBS Kids Utah**
Grades: K-3
Register by June 16

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June 29



Utah Royals Sleepover
Grades: K-12
Register by June 16

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Quick links

- Receive up to three [scholarships](#) per year to participate in Girl Scout Programming.
- [Visit our offices and shops.](#)
- [Discover all the activities you can do with Girl Scouts.](#)

Support Girl Scouts of Utah while you shop!

- Shop at [Smith's](#) and follow the instructions to link your Rewards Card to Girl Scouts of Utah
- Shop with [Walmart online](#) and round up your change to donate.



Have a question? Don't be shy!
[Contact us](#) for more information.

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