Juliette Connections



Hello fantastic Juliettes and families!

Spring is in the air, and summer is almost here at GSU. We are wrapping up our spring programs and gearing up for summer camp. It's sure to be a busy and funfilled summer at our camp this year. Summer is a great time for Juliettes to get outside and earn an outdoor badge, patch, or Journey.

Warmly,

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Celebrate with Us!

Get crafty with us as we celebrate the end of the school year! GSU is hosting a Juliette celebration on July 13 at the Salt Lake Office from 6:00-7:00 p.m. Celebrations

will include crafts, having dessert, and enjoying Juliette time together. This event is free, and we'd love to see you there. All attending must RSVP so that we have enough supplies.

Action needed: Register your Juliette and family for our <u>Art-tastic End of Year Celebration</u> by July 6 at 11:59 p.m.



Cookie Season Wrap Up

Way to go Juliettes! We had a fantastic year of cookie sales, with 92 Juliettes selling cookies. They sold over 22,000 packages of cookies. Juliettes from across the state participated in the cookie program this year, learning valuable skills such as ethics, communication, and customer service. We're already excited for another great year of cookies in 2024.

Action needed: Keep an eye out in the fall for cookie sign-ups for 2024.



Girl Scout Tree Promise: Fun for the whole family

Girl Scouts of the USA has challenged Girl Scouts across the country and the world to come together and plant 5 million trees by 2026. This challenge gives Girl Scouts the opportunity to get outdoors and practice making the world a better place. All trees count, whether in your backyard, a park, or a national forest. If you can't plant a tree, you can also care for one or honor your favorite tree through learning and exploring.

Once you've planted, cared for, or honored your tree, log it at the link below to earn your Tree Promise patch.

Action needed: Check out the <u>Tree Promise site</u> to learn about earning this patch.



Awesome Activities

This month's awesome activity comes from the new GSU Mental Health Awareness Patch Program in honor of Mental Health Awareness Month in May. The third section of this patch program is all about Coping Skills and was written partially by a Girl Scout in Utah. One activity is Bubbles of Kindness. For this activity, you'll need bubbles.

First, think kind thoughts about someone, like a family member, friend, or teacher. Then dip your bubble wand and blow some bubbles. As you breathe in and out, think about your kind thoughts and watch them go out into the world as bubbles.

Action needed: Check out the **Mental Health Patch Program**.

GSU Event Spotlight

Have you considered attending an event with Girl Scouts of Utah? We've picked a few that we think are especially suited for Juliettes and their families:

Girl Scout Night at Utah's Hogle Zoo

Astronomy
Explorers at
Trefoil Ranch

Girl Scout Night with the Salt Lake Bees







June 6, all ages

July 22, ages 5+

August 4, all ages

REGISTER

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Ongoing information

We have many resources available for Juliette parents and caregivers. Check them out:

• <u>Parent/caregiver info session</u> with the passcode **Juliettes**

- Volunteer Toolkit, an online curriculum database where you can find meeting
 plans for badges and Journeys. Check out the Volunteer Toolkit by logging
 into MyGS from our website and finding it under My Account. A new PDF
 guide has been released and you can email Steffi at slietzke@gsutah.org for a
 copy.
- Stay connected with us! <u>Girl Scouts of Utah</u> and <u>Camps</u> Facebook pages and <u>GSU Juliettes</u>. For the safety of our Juliettes, the group is private, and members must be approved. Steffi is in the group as GSU Programs.
- As a reminder, you must remain subscribed to the council newsletters to continue receiving this monthly newsletter.

Please let Steffi know if you have any questions about Girl Scouts. She is available by email and phone.













Have a question? Don't be shy! Contact us for more information.