

GSU Volunteer Weekly Update

February 16, 2023

Click the section header below to skip to that section of the newsletter. In this issue, you will find:

Tips for Troop Leaders

Don't forget to check out upcoming events | Five ways to cultivate kindness | Letting your girls take the lead | Quick links

Council News & Updates

Register for the Town Hall Meeting | Now hiring |Quick links

Tips for Troop Leaders

Don't forget to check out upcoming events

We've got exciting events in April and May, with plenty of options to suit your troop's needs.

- Take a break from cookies with the <u>Daybreak STEAM Sampler</u> on April 5, where we'll make kinetic sculptures and tessellations
- Earn a badge at <u>Badge-a-Palooza</u> at Trefoil Ranch on March 31-April 1.
- Explore some of our community partner offerings, like <u>Bookbinding at the</u> <u>Leonardo</u> on April 1 or <u>Outdoor Art at Hogle Zoo</u> on April 22.
- Fun for the whole family, <u>celebrate Earth Month</u> at Trefoil Ranch on April 15.

- Celebrate Cadette Day on May 20 with activities like hatchet throwing.
- Don't forget to earn a Journey with <u>Your Voice, Your World: Girltopia</u> on April 29
- <u>Think Like a Programmer Journey</u> on May 13.

Check the <u>event calendar</u> for all these and more, with new events added all the time!

Five ways to cultivate kindness

Kindness is synonymous with being a Girl Scout. The word means to possess the quality of being friendly, generous, and considerate—traits all found within the Girl Scout Promise and Law.

But kindness doesn't just happen. It needs to be practiced so kids learn its importance, especially in those moments when maybe showing a bit of kindness isn't always the easiest move.

The good news? There are so many simple ways to practice this as you participate in Girl Scout activities. <u>Here are five ways you can cultivate kindness</u>.

Letting your girls take the lead

Girl-led activities are the secret sauce of Girl Scouting, and it's easy to see why. When girls step up and take ownership of their decisions, they grow into confident leaders who can make informed and empowered decisions—a valuable skill they'll carry throughout their lives.

For new troop leaders, however, stepping aside and letting the girls take charge might seem counterintuitive, especially if you lead a troop of energetic Daisies or Brownies. And because girl-led activities start with you, how can you create a space where girls feel empowered to speak their minds and pursue their interests?

Just how active a role a leader takes in troop life will look differently across Girl Scout grade levels, here are a <u>few ideas from our Volunteer Experts</u>.

- Volunteer training and girl programs <u>GSU Event Calendar</u>
- Reserve meeting rooms at the NUSC, CRC, and CUSC <u>Meetings on</u> <u>Council Premises</u>
- Customizable flyers for troops, social media toolkit for volunteers, VTK, and troop leader blueprint <u>Online Support for Volunteers</u>
- Guidelines for in-person activities and troop meeting space at council service centers <u>GSU's COVID-19 guidelines</u>
- Schedule programming for your troop with local organizations <u>Program</u> <u>Partners</u>

Back to Top

Council News & Updates

Final Reminder: Register for the Town Hall Meeting

A Town Hall meeting is scheduled for Thursday, February 23, from 6:00 to 8:00 p.m. During this meeting, national delegates will present the national proposals for the 56th National Council Session (NCS).

The <u>Town Hall registration link</u> is live and a <u>full agenda</u> is now available.

Now hiring

• <u>Retail Sales Associate</u>

Quick links

- Join the GSU team View job openings and apply
- Support GSU Camps <u>Amazon Wish Lists</u>
- Salt Lake City and American Fork shop info Retail
- Receive ongoing communications from GSU GSU's Facebook page
- <u>GSU Health & Safety Guidelines</u>

<u>Back to Top</u>

Support Girl Scouts of Utah while you shop.

- Shop with <u>AmazonSmile</u> and select Girl Scouts of Utah
- Shop with <u>Walmart online</u> and round up your change to donate.



Have a question? Don't be shy! <u>Contact us</u> for more information.

Our address is 445 East 4500 South #125, Salt Lake City, UT 84107 © 2023 Girl Scouts of the United States of America. All Rights Reserved.