All About Girl Scouts

Girl Scouts is more than an activity. It supports girls as they become the best version of themselves. It's a safe place where she'll make new friends. And, above all, it's a Movement committed to building girls of courage, confidence, and character, who make the world a better place.

Those who participate in Girl Scouts:

- » Develop a strong sense of self
- » Display positive values
- » Seek challenges & learn from mistakes
- » Form & maintain healthy relationships
- » Become community problem-solvers



Daisy

Girl Scout Levels

Brownie



Junior



Cadette



Senior



Ambassador



Program Pillars

STEM – Go anywhere with STEM; join and compete on a robotics team, discover how computers work, and study the stars with your family and other Girl Scouts.

Outdoors – Explore and seek new challenges with high adventure activities at camp, outdoor excursions with your troop, or a service project cleaning up a local river.

Life Skills – Learn about advocacy, living healthy, and building strong relationships through real-life experiences.



Entrepreneurship – Build essential life skills through financial literacy and business skill badge work, as well as the girl-driven Girl Scout Cookie and Fall Product Programs.



How does it work?

Girl Scout programming is designed by, with, and for girls, the foundation being our Girl Scout Leadership Experience (GSLE). Through the GSLE, your child will take on leadership roles, work with other Girl Scouts, and participate in hands-on activities that are both fun and challenging. They'll discover who they are, connect and expand their horizons, and take action to make the world a better place.

Remember: Girl Scouting isn't a to-do list. Girl Scouts take the lead to choose their own adventures, from robotics to high adventure outdoor activities. They don't need to fill their vests and sashes with badges; what matters is the fun and learning they experience as they overcome obstacles and try new things.

Why do families love us?

From a sleepover with best friends in their troop to discovering their courage at Trefoil Ranch's horse camp, Girl Scouts brings out the best in your child. They will dive into STEM, explore the outdoors, build important life skills, and learn how to be an entrepreneur, all while making their community stronger, kinder, and better for everyone.

Girl Scouting teaches members to uphold the values shared in the Promise and Law, including to be honest and fair, respectful, and responsible. Often recited at the start of troop meetings or gatherings, the Girl Scout Promise and Law serves as a reminder to be honest, to help people, and to make the world a better place.

How do I get started?

Members can start their Girl Scout journey as soon as they register! It's just \$45 to register, and you can join at any time. The membership year runs from October 1 through September 30 of the following year. Girl Scout membership fees are non-transferable and non-refundable.

New troops receive a basic supply kit once they have at least five girls and two adult volunteers registered, and the troop volunteers complete the required training for new leaders.

Ways to Participate

Create lasting change

Bronze, Silver, and Gold Award Girl Scouts are changing the world for the better. While they work on promoting radon awareness or working with the community to prevent erosion and support wildlife, they also develop important skills they'll use in school and beyond.

From time management to problem solving and self-confidence, earning Girl Scouts' Highest Awards opens doors. In fact, 87% of Girl Scouts say earning their Gold Award gave them skills to succeed professionally.



Be a force of nature

Build confidence, forge friendships, and create lasting memories at Girl Scout camp. You can explore the Wasatch mountains on a hike, embark on a horseback trail ride, and gain leadership skills as a Counselor-in-Training. Our council offers many opportunities to get outside and practice environmental stewardship, including trips to experience Utah's natural beauty and two camp properties nestled in the mountains.

In Provo Canyon, Trefoil Ranch hosts various overnight and minicamp programs, like the camper-favorite horse camp, as well as rentals for troops and service units. High in the mountains near Park City is Camp Cloud Rim, home to overnight and minicamp programs featuring art, waterfront activities, and high adventure.

Go Solo

A Juliette, also known as an individually registered member, is a way to participate in Girl Scouting without a troop. Juliettes get the same Girl Scout experience, just on their own schedule and guided by family. Participating as a Juliette is a great option for Girl Scouts without a troop available nearby or for those looking to enjoy our programming with their family.

More to explore

Keep the fun going! You can unlock a new skill or embark on a new adventure. Find travel opportunities, arrange for your group to earn a badge, dive into STEM with robotics, or learn about the world around you. Visit www.gsutah.org/activityzone to get started.

Bring even more engaging and inspiring Girl Scout activities home with www.girlscouts.org/activityzone, curated by Girl Scouts of the USA.

How do you pay for things in Girl Scouts?

Troops earn funds through the Fall Product and Girl Scout Cookie Programs. Some troops collect dues to help cover the costs of activities; whether to collect dues and how much is determined by each troop. Any funds earned via

a Product Program or troop dues remain with the troop and can be used to pay for things like badges, uniforms, membership, and camp programs for members of the troop.

Girl Scouts can obtain Activity Credits by participating in the Girl Scout Cookie Program. Activity Credits can be used to pay for programs, camp, travel opportunities, and membership. Our council also offers various scholarships that cover fees associated with GSUSA Destinations, uniform components, membership, events, programs, and camp for Girl Scouts and membership, events, programs, and camp for adults.

Visit www.gsutah.org/scholarships to learn more.



The Troop Experience

What is a troop?

Girl Scouts can participate as part of a group of Girl Scouts called a troop. Troops are girl-led and volunteer-driven. Adult volunteers provide support and guidance to the troop, but troop members choose activities, badges, and projects together. It is a safe place where Girl Scouts cheer each other on as they tackle new experiences.

How often do troops meet?

Troops decide when, where, and how frequently they meet. They often meet at schools, community centers, libraries, or places of worship that offer free meeting space. If you're joining an existing troop, their schedule and location are likely already set. Consider starting a new troop if there isn't a local troop that fits your schedule.

Does leading a troop take a lot of time?

If you're leading a troop, plan to spend about one hour preparing for each 90 minutes of meeting time, plus an additional 30 minutes for any follow-ups after the meeting. For troops that meet for an hour weekly, plan on a roughly 8-hour commitment per month outside of meeting time. This number may fluctuate based on time of year, meeting schedule, and how you manage your troop.

How do troops pick activities?

Girl Scouts and adult members make decisions together, with the girl members taking the lead. Girl-led at the Daisy level will look different from girl-led at the Ambassador level as they gain confidence from their successful and not-so-successful activities. This means the Girl Scouts work together to decide which badges to earn, programs they attend, and goals they set for Product Programs, and the adults provide support and guidance as needed.

Activities for Troops

Troops have numerous opportunities to learn a new skill, explore, and change the world together. Visit www.gsutah.org/activityzone to get started.

- » Travel
- » Troop Camping
- » Service Projects
- » Camp Rentals for Troops
- » Fall Product Program
- » Programs on the Go
- » You-Schedule-It with a Program Partner

4 in 5 Girl Scouts have a best friend in their troop



Be a Volunteer

How can adults get involved?

Adults may choose to volunteer for their troop, their service unit, or the council running programs. Anyone 18 years of age and older of any gender who also passes a background check, becomes a Girl Scout member, and completes the required training can volunteer.

What support is available for volunteers?

Our council offers online and on-demand training for new leaders. Volunteers also have access to free online resources through the Volunteer Toolkit (accessed from your myGS account), numerous training options in gsLearn (online learning catalog), and the Troop Year Planner (developed with new leaders in mind). For further guidance, you'll have access to our dedicated Membership Support staff. Visit www.gsutah.org/for-volunteers for more information and to access these resources.

How to register

Start your registration process in myGS, the Girl Scout membership platform. On our website, you can access myGS from any page via the icon at the top or from most pages via the "Join" button at the bottom.

When you visit mygs.girlscouts.org, you'll see four options: FIND A TROOP, SEARCH EVENTS, START A TROOP, or VOLUNTEER. Adults looking to complete their membership should click the "Join as an adult member" link toward the bottom of the page.

- Select "FIND A TROOP" to begin. Then enter your search criteria and click "SEARCH."
- 2. Scroll the list of troop opportunities and choose one that fits your family and has "Open Spot(s)" for girls.
 - Each troop entry indicates open girl and adult spots with a number and by the green plus (+) sign.
 - Not finding the right troop for you? Scroll to the bottom of the troop list and select either "Start your own" or "Join without a Troop."
- 3. For the troop you wish to join, click the green + to add girls and/or adults from your family.
- 4. Click the "ADD DETAILS" button at the bottom to complete your registration. You'll be prompted to log in or create an account.
- 5. Add membership details for each member in your family. Click "REVIEW CART" when you're done.
- 6. Check the box to agree to the Girl Scout Promise & Law (required) and then click "ADD PAYMENT DETAILS."
 - Scholarships are available for girls and adults. Select "Apply for financial aid" under "Choose Payment Type." Visit www.gsutah.org/scholarships to learn more about membership scholarships.
- Enter your payment information then click "SUBMIT PAYMENT" to complete the transaction. You'll see a confirmation screen and receive a confirmation email. Membership fees are nontransferable and non-refundable.

Girl Scout responsibilities

- Follow the Girl Scout Promise & Law.
- Be willing to take risks and be supportive towards troop peers.
- Attend and participate in meetings and events. >>
- Listen and show respect for what others are
- Be prepared and conduct themself in a safe
- Respect adult troop members.

83% of families say Girl Scouts connects them to something bigger.

Family responsibilities

- It's recommended that one adult from each Girl Scout family, at a minimum, support their troop by joining as an adult member.
- Consider volunteering on the troop, service unit, or council level.
- Actively participate and communicate efficiently with troop leaders and supporters.
- Encourage your Girl Scout to take risks and try new things.
- Be their champion and allow your child to take the lead.
- When possible, attend council events with your Girl Scout and encourage active participation in troop meetings. Ensure you both arrive prepared and on time for meetings or outings.

Meet your local council

In 1920, Bertha Eccles founded Utah's very first Girl Scout troop in Ogden. Now Girl Scouts of Utah serves members across Utah and Wendover, Nevada, with three offices, two shops, and two camps. The Council Resource Center in Salt Lake City is our main office and includes a Girl Scout shop. American Fork hosts another shop and service center, and Ogden is home to our third service center.

Learn more about us at www.gsutah.org.

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