



# Sample Week at Camp



## Monday

8:00 – 10:00 a.m.  
Opening staff meeting

10:00 a.m. – 1:00 p.m.  
Check-in & lunch

1:00 – 2:00 p.m.  
Get to Know You games

2:00 – 3:00 p.m.  
Camp tour and rules

3:00 – 4:00 p.m.  
Move into living area

4:00 – 6:00 p.m.  
Program block\*

6:00 – 7:00 p.m.  
Flag & dinner

7:00 – 8:00 p.m.  
Fire drill

8:00 – 9:00 p.m.  
Opening campfire

9:00 – 10:00 p.m.  
Bed time

## Tuesday

7:00 – 7:45 a.m.  
Wake up

7:45 – 8:45 a.m.  
Flag & breakfast

9:00 a.m. – 12:00 p.m.  
Program block\*

12:00 – 1:00 p.m.  
Lunch

1:00 – 3:00 p.m.  
Program block\*

3:00 – 4:00 p.m.  
Me time

4:00 – 6:00 p.m.  
Program block\*

6:00 – 7:00 p.m.  
Flag & dinner

7:00 – 9:00 p.m.  
Program block\*

9:00 – 10:00 p.m.  
Bed time

## Wednesday

7:00 – 7:45 a.m.  
Wake up

7:45 – 8:45 a.m.  
Flag & breakfast

9:00 a.m. – 12:00 p.m.  
Program block\*

12:00 – 1:00 p.m.  
Lunch

1:00 – 3:00 p.m.  
Program block\*

3:00 – 4:00 p.m.  
Me time

4:00 – 6:00 p.m.  
Program block\*

6:00 – 7:00 p.m.  
Flag & dinner

7:00 – 9:00 p.m.  
All camp program  
(based on the theme week)

9:00 – 10:00 p.m.  
Bed time

## Thursday

6:15 – 7:00 a.m.  
Wake up

7:00 – 7:45 a.m.  
Saddle Club/Polar Bear Dip

7:45 – 8:45 a.m.  
Flag & breakfast

9:00 a.m. – 12:00 p.m.  
Program block\*

12:00 – 1:00 p.m.  
Lunch

1:00 – 3:00 p.m.  
Program block\*

3:00 – 4:00 p.m.  
Me time

4:00 – 6:00 p.m.  
Program block\*

6:00 – 8:00 p.m.  
Dinner cookout

8:00 – 9:00 p.m.  
Night programming

9:00 – 10:00 p.m.  
Bed time

## Friday

7:00 – 7:45 a.m.  
Wake up

7:45 – 8:45 a.m.  
Flag & breakfast

9:00 a.m. – 12:00 p.m.  
Program block\*

12:00 – 1:00 p.m.  
Lunch

1:00 – 3:00 p.m.  
Program block\*

3:00 – 4:00 p.m.  
Me time & packing

4:00 – 5:00 p.m.  
Closing campfire

5:00 – 6:00 p.m.  
Dinner

6:00 – 7:30 p.m.  
Check-out

7:30 – 9:00 p.m.  
Camp weekly cleaning &  
closing staff meeting



## Program Block Examples

### Camp Cloud Rim

- » waterfront
- » pottery
- » rock climbing

### Trefoil Ranch

- » horses
- » archery
- » high ropes