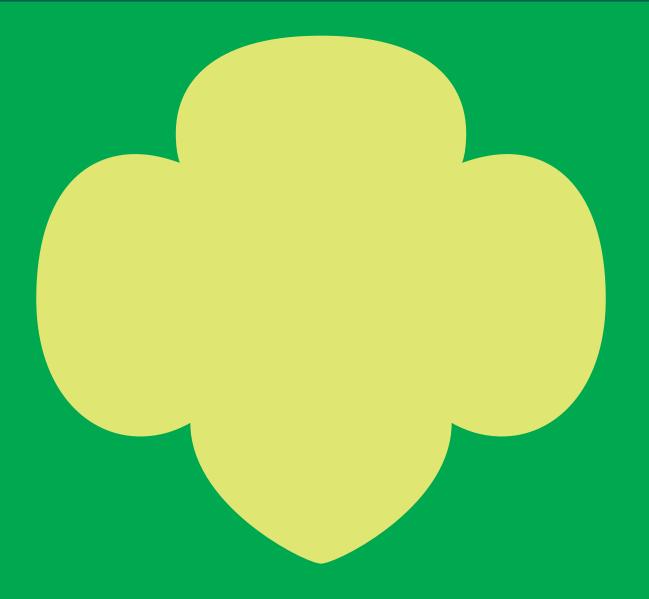
New Troop Start-up Guide

Quick-reference guide for new troop leaders.



girl scouts of utah

Welcome



We're excited you've decided to become a Girl Scout Volunteer! Girls and adult volunteers are the heart of our organization, and we thank you for your commitment as a Girl Scouts of Utah volunteer. You are making a lasting difference in many girls' lives—one meeting, one event, one day at a time! We're so glad you're here.

This guide will help you get started with your Girl Scout troop.

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LOCAL & PERSONAL REFERENCE

Girl Scouts of Utah Council - GSU 674

The council (Girl Scouts of Utah, GSU) includes both volunteer and professional staff who provide support to service units and volunteers. Girl Scouts of Utah is divided into geographic areas called service units. Your service unit consists of girls and adults from your neighborhood and surrounding schools and is led by volunteers. Service units organize local meetings and events to help support their volunteers.

Service Unit Team

The Girl Scouts of Utah Council is divided up into service units based on geographic location. Within each of these are volunteers who take on leadership positions in order to support and represent the troops, volunteers, and girls in their service unit. For a deeper dive into service unit support and volunteer roles: gsutah.org/volunteer-roles

Council Code: 674 My Service Unit: Service Unit #: My Troop: Service Unit Meeting Information:

Council Offices & Shops

Salt Lake City Office

445 East 4500 South, Suite 125 Salt Lake City, UT 84107 **Office:** 801-265-8472

Shop: 801-716-5141

American Fork Office

215 N Center St American Fork, UT 84003 **Membership:** (801) 716-5109

Shop: (801) 716-5107

Ogden Office

3544 Lincoln Ave, Suite 4A Ogden, UT 84401

Phone: (801) 265-8472

Girl Scouts of Utah Media Representation

Give attention to injured person(s). Call police or emergency number first, then call GSU's emergency number. The Chief Executive Officer (CEO) or their designee will make all official statements. Only the CEO or designee should speak with media at any time.

Girl Scouts of Utah Emergency Phone Number

(801) 483-3413

State your name and identify yourself as a Girl Scout volunteer. Tell operator if this is a serious accident or a fatality.

Someone will call you back.

Governing Structure

Troops

Adult leader-supervised groups of girls who participate in the Girl Scout Leadership Experience.

Girl Scout Service Units

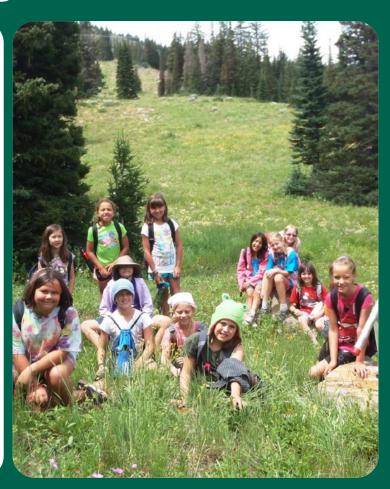
Adult leaders who support the work of troops within a given territory.

Girl Scouts of Utah (GSU)

Independent 501(c)3 nonprofit chartered by GSUSA operating under the direction of a local board of directors and overseeing all service units and troops within a given territory.

Girl Scouts of the USA (GSUSA)

A national organization supporting the work of more than 100 councils across the U.S. for more than 100 years. Headquartered in New York City.



Adult leaders are the heart of our organization





Girl Scout Foundations

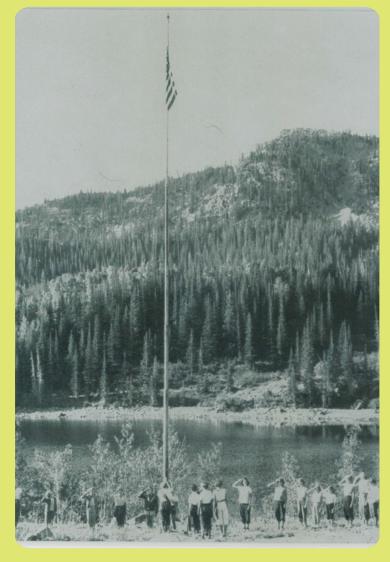
The Girl Scout Promise

On my honor, I will try: To serve God* and my country, To help people at all times, And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, and to respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

*Girl Scouts of Utah makes no attempt to define or interpret the word "God" in the Girl Scout Promise. It looks to individual members to establish for themselves the nature of their spiritual beliefs. When making the Girl Scout Promise, individuals may substitute wording appropriate to their own spiritual beliefs for the word "God."







The Vision of Juliette Gordon Low





Juliette Gordon Low envisioned an organization that would prepare girls to meet their world with courage, confidence, and character.

In 1912, in the midst of the Progressive Era—and at a time when women in the United States couldn't yet vote — this nearly deaf 51-year-old sparked a worldwide movement inspiring girls to embrace, together, their individuality, strength, and intellect.

Juliette, affectionately known as "Daisy" by her family and close friends, gathered 18 girls in her hometown of Savannah, Georgia, to share what she had learned abroad about a new outdoor and educational program for youth, and with this, the Girl Scout Movement was born. Along with Juliette, these first Girl Scouts blazed trails and redefined what was possible for themselves and for girls everywhere.

They played basketball. They hiked, swam, and camped. They learned to read the world around them—for instance, by studying a foreign language and telling time by the stars. They shared a sense of curiosity and a belief that they could do anything.

But most importantly, just like Girl Scouts across the country and around the globe today, they offered a helping hand to those in need and worked together to improve their corner of the world.

That small gathering of girls Juliette Gordon Low hosted over a century ago has grown into a global movement in which all girls can see themselves reflected—and that today includes 2.5 million Girl Scouts (1.7 million girls and 750,000 adults) in 92 countries and more than 50 million alums, united across distance and decades by lifelong friendships, shared adventures, and the desire to do big things to make the world a better place.

The Girl Scout Leadership Experience

Delivering Fun with Purpose

The Girl Scout Leadership Experience (GSLE) encourages girls to discover themselves, connect with others, and take action to make the world a better place. Guided by supportive adults and peers, Girl Scouts engage in age-appropriate activities that are girl-led, cooperative, and hands-on.

Participating in the GSLE helps girls develop important leadership skills they need to become successful adults. Girls who engage in the GSLE are more likely to enjoy and attribute their leadership skills to Girl Scouts. The GSLE delivers "fun with purpose" by helping girls gain valuable life skills and amazing new experiences while having fun and building lifelong friendships!

Learn all about this process in the volunteer essentials (page 7)



Girl Scout Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Program Pillars

Girls gain important skills in four areas that form the foundation of the Girl Scout Leadership Experience.



Science, Technology, Engineering, & Math (STEM)



Life Skills



Outdoors



Girl Scout Traditions

Juliette Gordon Low, the founder of Girl Scouts, understood how special words and signs helped girls feel like they are members of a group. Girl Scouts and Girl Guides all around the world share special signs like a handshake, a squeeze, a motto, and a slogan. These special signs overcome barriers of language and culture as they remind us of the values that we live by.

The Girl Scout Sign

The Girl Scout sign is made when reciting the Girl Scout Promise. The sign is formed with the right hand, by using the thumb to hold down the pinky, leaving the three middle fingers extended to represent the three parts of the Promise.

The Girl Scout Handshake

Another form of greeting between Girl Guides and Girl Scouts is the Girl Scout handshake. Girls raise their right hand in the Girl Scout sign and shake using their left hand, denoting friendliness and loyalty.

The Girl Scout Motto

The Girl Scout motto is "Be prepared." Girl Scouts of yesteryears learned skills for fun but also to cope with emergencies of their times. Today, the motto reminds girls to be prepared to help others in need in their community and around the world.

The Friendship Circle

The Friendship Circle is often formed at the beginning and end of meetings and activities as a beginning or closing ceremony. It can be used for discussions, instructions, announcements, and debriefing.

The Friendship Squeeze

To end meetings and activities with the friendship squeeze, everyone gathers in the friendship circle, and each girl crosses her right arm over her left and holds hands with the person on each side. Once everyone is silent, the leader or a girl starts the friendship squeeze by squeezing the hand of the person next to her. One by one, each girl passes on the squeeze until it travels around the full circle. Some troops also tie in "Girl Scout Out," by raising their hands above their heads and slowly loosening and letting go of the hands of the persons next to them as they turn around and say "Girl Scout Out."









Make New Friends

At the end of each Girl Scout Meeting, finish by singing "Make New Friends." Do this with the Friendship Circle and finish up with the Friendship Squeeze.

Make New Friends

"Make new friends, but keep the old. One is silver, the other is gold.



A circle is round, it has no end. That's how long, I will be your friend.

Bridging

Bridging is a way to recognize girls as the move up from one level of Girl Scouts to the next. For example, from Brownies to Juniors.

Investiture & Rededication

Investiture is a ceremony where new Girl Scouts commit to the Girl Scout Mission and to live by the Promise and Law. A Rededication is when a Girl Scout re-commits to Girl Scouts and is often held at the beginning of the Girl Scout Year.

Scout's Own

Scout's Own is a ceremony planned by the girls that gives them a chance to reflect on something meaningful. It's often held around a campfire at the end of a campout.

Girl Scout Uniforms

Girl Scouts at each level have one recommended element (tunic, sash, or vest) for the display of official pins and awards, which should be worn when girls participate in ceremonies or officially represent the Girl Scout Movement. For all girls, the unifying look includes wearing a choice of a tunic, vest, or sash for displaying official pins and awards, combined with their own solid white shirts and khaki pants/skirts. Girl Scouts at the Daisy and Brownie levels will continue to have a full uniform ensemble available. For adult members, the unifying look of the uniform is a Girl Scout official scarf or tie, worn with the official membership pins, combined with their own navy blue business attire.

The Girl Scout Slogan

The Girl Scout slogan is "Do a good turn daily." In the early days of Girl Scouting, girls tied a knot in their neckerchiefs. They could not untie the knot until a good deed was accomplished. Today, the slogan is a reminder of the many ways girls can contribute to the lives of others.











Kaper Charts

A "Kaper Chart" is a Girl Scout tradition for dividing up troop responsibilities among the girls. Each job or chore is called a "Kaper." A "Kaper Chart" is a list of assignments, similar to a chore list. Examples of "Kapers" are cleaning up or taking out trash. "Kapers" can also be a fun task, like the Girl Scout promise leader, activity helper, snack helper, and friendship squeeze leader. Using a "Kaper" system right from the start helps build leadership and ownership in troop activities to assist with group behavior management.

SWAPS

SWAPS (Special Whatchamacallits Affectionately Pinned Somewhere), the tradition of Girl Scouts exchanging keepsakes, started long ago when Girl Scouts and Girl Guides first gathered for fun, song, and making new friends. SWAPS are the perfect way for Girl Scouts to meet each other and promote friendship. Each one is a memory of a special event or Girl Scout sister.

The Talking Stick

Whoever holds the talking stick has within her hands the sacred power of words. Only she can speak while she holds the stick; the other troop members must remain silent. The talking stick has been used for centuries by many American Indian tribes as a means of just and impartial hearing. Whatever the object, it carries respect for free speech and assures that the speaker has the freedom and power to say anything without fear of reprisal or humiliation.

Quiet Sign

The Quiet Sign is a way to silence a crowd without shouting at anyone. The sign is made by holding up the right hand with all five fingers extended. It refers to the original Fifth Law of Girl Scouting: A Girl Scout is courteous.











Girl Scout Terms

A

Alum — A former Girl Scout girl member.

Ambassador — A Girl Scout in grades 11-12.

В

Badge — Official embroidered insignia earned by completing a certain number of requirements in the Girl's Guide to Girl Scouting. These earned awards are placed on the front of the uniform and are distinguished from "participation patches," which are obtained by participating in various events.

Bridging — When girls move from one program grade level to the next; may include an award for the girls completing the bridging award requirements, and likely will include a ceremony.

Bronze Award — The highest award Girl Scout Juniors (4th and 5th grade) can earn. It requires completion of a Journey, a minimum of 20 hours building a team, exploring the community, choosing a Take Action project, planning it, putting the plan in motion, and spreading the word about the project.

Brownie — A Girl Scout in grades 2-3.

Buddy System — Safety practice that groups two or three girls together to keep watch over each other in an activity (for example, swimming, hiking). The system places girls of equal ability in the same group

C

Cadette — A Girl Scout in grades 6-8.

Council — A corporation, chartered by Girl Scouts of the USA, organized for the purpose of developing, managing, and maintaining Girl Scouting within a defined geographic region. Our council is Girl Scouts of Utah, which covers the entire state of Utah and Wendover, NV.

Counselor in Training (CIT) — A Girl Scout who is taking a course called Counselor-in-Training to learn camp counselor skills.

CSA — Abbreviation of Cadette, Senior, and Ambassador.

D

Daisy — A Girl Scout in grades K-1.

Day Camp — A camp program run exclusively by our incredible volunteers within a 12-hour period that lasts for a minimum of three days.

Destinations — A trip or event beyond girls' own troops and councils. Destinations fall into one of five different categories: international, outdoor, science, people, and getaways. All destinations events provide an opportunity for individual members to broaden their perspectives and give Girl Scouting enhanced visibility.

- **Digital Cookie** The Digital Cookie platform allows girls to customize the way they learn and earn during the Girl Scout Cookie Program, using technology in new and engaging ways, all while earning cool cookie business badges along the way.
- **Flag Ceremony** Honors the American flag as the symbol of our country and all the hopes, dreams, and people it represents.

Founder's Day — Celebrated each year on October 31 in honor of Juliette Gordon Low's birthday.

G Girl Guide — The original name for Girl Scouts; it is still used in many countries.

Girl Scout Leadership Experience (GSLE) — The engine for everything girls do in Girl Scouting. The experience identifies all the elements that need to be in place for Girl Scouting to achieve its mission; Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. When Discover, Connect, and Take Action activities are combined with the Girl Scout Processes of Girl-Led, Learning by Doing, and Cooperative Learning, girls achieve the desired and expected short-term leadership outcomes, ultimately resulting in Girl Scouting achieving its mission.

Gold Award — The highest award in Girl Scouts. Open to Girl Scouts in high school, Gold Award projects find a sustainable way to solve community problems.

GORP — An acronym with two possible meanings, depending on who you ask! Good Old Raisins & Peanuts, or Granola, Oats, Raisins, & Peanuts. A camp snack favorite!

GSUSA — Girl Scouts of the USA, the corporation that promotes the Girl Scout movement in the U.S.A., which includes the United States and its territories.

GSUSA Gold Award Scholarship — This scholarship program recognizes the outstanding achievement of and provides financial support to one Gold Award Girl Scout per council.

- **Highest Awards** Bronze, Silver, and Gold Awards. They are the highest honors a Girl Scout can earn. All three awards give girls the chance to do big things while supporting an issue they care about.
- Insignia Every Girl Scout item worn on the uniform (badges, awards, patches, stars, strips, etc.).

Investiture — A special ceremony in which a new member makes her Girl Scout Promise, receives their membership pin, and becomes a member of Girl Scouts.

Journeys — Each Journey has a series of activities that get girls working together to solve problems and make the world a better place. Through these activities, girls grow in confidence and leadership. They also earn awards along the way.

Juliette — First name of Girl Scout founder Juliette Gordon Low. Term also used to refer to registered Girl Scouts who are not part of the traditional troop program. These girls still work towards the same badges and activities; they do not belong to a troop. They can join other girls at council-wide events and can participate in all Girl Scouts has to offer. They are also known as individually registered members (IRM).

Junior — A Girl Scout in grades 4-5.

Junior Counselor — A Girl Scout who has already completed both Counselor in Training (CIT) I and II programs and would like to further enhance her leadership skills by learning what it's like to be a camp counselor.

- **Kaper** A temporary job or responsibility, similar to a chore.
- Lifetime Membership A one-time fee that enables adults to become a Girl Scout for life. This is granted to any person 18 years of age or older or a high school graduate.
- **Membership Dues** \$25 fee paid annually to Girl Scouts of the USA for registration which goes directly to National Headquarters. One of the requirements for becoming a member of GSUSA.

Membership Pin — Either of two pins: the trefoil with three faces (contemporary style) or trefoil with eagle (traditional style) pin. These pins signify the acceptance of the membership requirements.

Membership Year — October 1 through September 30.

- On-Time Renewal The membership renewal period running from August 1 until the end of the membership year, September 30.
- **Patch Program** Patches earned by completing programs unique to individual councils or organizations. The required activities to complete the patch programs are generally found on the council or organization's website.

Petals — Earned awards by Girl Scout Daisies. Girls earn the Promise Center by showing they understand the Girl Scout Promise. Girls earn Petals by showing they understand the 10 parts of the Girl Scout Law.

- **Program Aide (PA)** Girl who has completed 6th grade, who has taken a specialized training to help troop/group leaders with the activities for their girls. Program Aides also help at day camps.
- **Resident Camp** Overnight camp with sessions generally for at least five days and four nights. The program is operated and staffed by the camp, and the supervision of campers is a camp responsibility. Campers stay overnight, and camp is responsible for campers 24 hours a day.
- **Sash** A type of uniform available to Brownies through Ambassadors. The sash sits on the right shoulder and crosses the body, resting on the left hip.

Senior — A Girl Scout in grades 9-10.

T

Service Project – A project that helps the community with a specific and short-term need.

Service Team Volunteers — Volunteers who support and mentor troop volunteers in their service unit.

Silver Award — The highest award a Girl Scout Cadette (6th-8th grade) can receive. Earned by completing a Girl Scout Journey and the suggested minimum of 50 hours building a team, exploring the community, picking a Take Action project, developing the project, and spreading the word.

Sit-Upon — Lightweight pad or mat the girls make to "sit-upon" when the ground is dirty or damp.

Smart Cookies — A software program used by volunteers and caregivers during the Girl Scout Cookie Program.

S'mores — A sandwich made with graham crackers, chocolate, and a roasted marshmallow invented by Girl Scouts.

Spring Renewal — Renewal campaign that takes place between April and June (specific dates change each year) with added incentives for troops and for girls who renew their membership before a certain date.

Take Action — A project that helps the community by identifying the root cause of the community need, has long-term benefits, and has sustainable community support.

T

Trefoil — The official emblem of the Girl Scout movement in the United States of America, registered in the United States Patent Office by Girl Scouts of the U.S.A.

Troop — This group of girls and adults (minimum of 5 girls and 2 adults) who meet on a regular basis to engage in Girl Scout Program activities. Troops are organized according to grade level, which places girls together with others in the same social/developmental stage.

Troop Crest — A Girl Scout tradition that helps leaders easily identify Girl Scouts belonging to different troops while on a hike or other activity. There are currently 16 official troop crests available, and they are displayed on uniforms between the Girl Scout Council Identification Set and the troop numerals.

Tunic — A type of uniform available to Daisies. It is worn over the shoulders and ties at the waist.

V

Vest — A type of uniform available to all grade levels.

 \mathbf{W}

WAGGGS — The Word Association of Girl Guides and Girl Scouts, a global association supporting female-oriented and female-only Guiding and Scouting organizations in 150 countries.

World Thinking Day — Celebrated annually on February 22. Official Girl Scout day where girls traditionally learn about the cultures and traditions of WAGGGS member countries. This day also commemorates the birthdays of Lord and Lady Baden-Powell, the founders of the Scouting Movement worldwide.

Y

Youth Protection Training — Required for all volunteers working with youth. Must be completed before any interaction with girls. Youth Protection Training is good for three years.

Uniforms

While a uniform is not required to participate as a Girl Scout, dressing the part helps girls and adults connect to each other, focus on their goals, and remember all they've accomplished through their Girl Scout journey. Girl Scout uniforms can be worn during troop meetings, public tours and activities, parades, Girl Scout Bridging ceremonies, cookie walk-abouts and booths, and to school and work during Girl Scout week!

You can call or visit any Girl Scouts of Utah shop location for help getting exactly what your girls want. You can contact the main Girl Scouts of Utah shop at (801) 716-5141.

Your troop should decide which uniform elements to purchase if the girls decide to look similar. Troops can choose whether the troop leaders will collect money from caregivers to purchase uniforms all at once, or if the caregivers would like to purchase their own items from the shop.

Visit one of our shop locations to purchase uniforms, starter kits and more.

Our shop staff are here to help! You can also shop anytime at:

www.girlscoutshop.com/UTAH-COUNCIL

Girl Scout Junior Vest



Place your first Journey awards at the bottom of your vest. As you earn additional Journey awards, work your way up. If your Journey awards and badges don't fit on the front of your vest or sash, you can wear them on the back.

Girl Scout Junior Sash



Place your Journey awards above your badges.

Reach out to your Member Support Specialist or other volunteers in your service unit's Facebook group (if applicable) for tips on putting badges and patches on uniforms.

Now You are Ready to Meet

Organizing your meeting is easy with the Volunteer Toolkit (VTK) – your one-stop resource to planning your entire year as a troop leader (login to myGS at gsutah.org). This simple guide will give you the framework for how a typical meeting runs. The VTK will help you fill in the holes with specific activities and timelines. Most important – your meetings should be fun!

GSUSA offers a quick training in gsLearn. Search for "GSUSA New Leader Onboarding: Your First Troop Meeting" in the Content Library.

There are six parts of a troop meeting:

Start up

Plan activities for girls as they arrive at the meeting so they have something to do until the meeting starts. It could be as simple as coloring pages, journaling, or talking with each other. (5 minutes)

Opening

Girls decide and lead their meetings opening — most begin with the Girl Scout Promise and Law, a simple flag ceremony, song, game, story or other activity. (5-10 minutes)

Business

This is the time to let girls plan their upcoming meetings or decide what council events they want to attend as a troop, collect dues, and make announcements.

(5-10 minutes)

Activities

Support your troop as they complete their pre-selected activites to work towards badges and journeys. This portion of the meeting should be heavily girl-led with the troop leader aiding on the side. (30-45 minutes)

Clean up

Girl Scouts should always leave a place cleaner than they found it! (5 minutes)

Closing

Just like opening, each troop decides how to close – with a song, a game, or a story.

(5-10 minutes)

As caregivers arrive, provide any important updates or reminders about upcoming meetings and activities.



Estimated time commitment for Girl Scout Volunteers

Troop Leader: 6-10 hours per month/average

- To start: Online trainings will take about 5 hours total and must be completed within 30 days. In person orientation with Membership Support Specialist, 1.5 hours.
- Attend monthly service unit meetings (or send a troop representative)
- Meet with co-leaders quarterly to plan calendar and troop activities.
- Decide on communication methods, apps and delegate a volunteer to post regular reminders and activity details.
- Make sure each meeting has a general plan and adult to facilitate it for each level.
- Attend troop activities and confirm the proper adult safety ratios.
- · Keep track of attendance and badge completions.
- Participate in ongoing GSU trainings and leadership workshops (2-3 per year).
- · Read volunteer emails sent from GSU and communicate any issues to your MSS.

Troop Co-Leader: 4-6 hours per month/average

- To start: Online trainings will take about 5 hours total and must be completed within 30 days. In person orientation with Membership Support Specialist, 1.5 hours.
- Collaborate with other leaders to plan the monthly activity/field trip.
- Read volunteer emails sent from GSU.
- Communicate with parents regularly and share pics of troop activities.
- Represent the troop at service unit meeting every 2-3 months.
- Plan a monthly meeting or activity.
- · Confirm that there is an adult present anytime you are not able to attend.
- Participate in ongoing GSU trainings and leadership workshops (2-3 per year).

Troop Supporter: 1-4 hours per month/average

- Online trainings will take about 2 hours total and must be completed within 30 days.
- Chaperone a troop meeting or field trip as decided by the troop (i.e. quarterly or annually).
- Teach a badge every 2-3 months.
- Purchase supplies and snacks as needed (will be reimbursed)
- Serve as a Troop Treasurer, Fall Sale Manager, Cookie Sale Manager, or organize special events.

Volunteer Toolkit

The Volunteer Toolkit (VTK) is a customizable digital planning tool for troop leaders and co-leaders to easily manage their troop year-round and deliver easy, fun troop meetings. Accessible via desktop and mobile devices, the VTK saves you time and energy so you can focus on unleashing the leader in every girl and ensuring she has every opportunity to build a lifetime of leadership, success, and adventure.

Girls have more fun when they can shape their own experiences, do hands-on activities, and work together as teams. With the VTK, girls and leaders can explore meeting topics and program activities together and follow the fun as they plan their Girl Scout year.

Through the Volunteer Toolkit, troop leaders can:

- Plan the troop's calendar year and meeting schedule.
- Email parents/caregivers with one click.
- View the troop roster, renew girls' membership, and update girls' contact information.
- View meeting plans for Journeys and badges, including suggested tracks for multi-level groups (K-5 and 6-12).
- Customize meeting agendas to fit your unique troop.
- Explore individual meeting plans that show a breakdown of every step, including a list of materials needed, editable time allotments for each activity within a meeting, and printable meeting aids.
- Record girls' attendance at meetings and their badge and Journey achievements.
- Add council or custom events to the troop's calendar.
- Easily locate both national and local council resources, such as Safety Activity Checkpoints.

Parents and caregivers can:

- View the troop's meeting schedule and individual meeting plans to stay up to date on the badges and Journeys they are working on.
- Renew their memberships and update their contact information.
- View their Girl Scout's attendance and achievements.
- See upcoming events the troop is planning or attending.
- Easily locate both national and local council resources.

Get started by visiting gsutah.org and clicking on **myGS** - > **Volunteer Toolkit**









The Parent Meeting

We ask that all troop leaders host a parent meeting at least once per year. This is your first step for parent involvement. It will set the tone for communication, and provide an opportunity for the parents to offer their help and support.

What do I need to discuss?

Intro to Girl Scouts

 The parents should know what Girl Scouts is all about! To give them an idea, use this PSA: https://vimeo.com/295383000

The Promise and Law

 Parents should understand what we commit to as Girl Scouts.

About You

—Who you are, what your background is, and why you have taken on the role of Troop Leader.

Dates and Times

— When will your meetings be? Will there be any special trips or activities this year?

Troop Communication

— This is one of the most important pieces of your Parent Meeting. How will you communicate with parents (Facebook, Text Message, Email, etc.)? What kind of response do you expect? Avoid conflict by setting communication expectations from the very beginning!

Costs

— Will the troop collect dues? Will parents be expected to purchase their daughter's membership or will the troop fund this from cookie sales?

Note: Girl Scouts of Utah will provide financial aid to any girl who cannot afford her membership. Finances should not present a barrier to a girl becoming a Girl Scout.

Am I allowed to set requirements for parents?

Troops may decide to set certain requirements for parents. If you choose to do so, please keep the following in mind:

- The economic feasibility for parents
- Sensitivity to parent work schedules
- Strengths, weaknesses, and knowledge base of different parents

Uniforms

— You do not need to require that girls wear uniforms; however, it is preferred. If cost is a barrier, girls may decide to spend their cookie earnings on uniforms. If parents will be responsible for purchasing uniforms, you should tell them what to buy and how much it will cost.

Parent Involvement

—How would you like parents to be involved? Keep in mind that different parents may be able to be involved in different ways.

Safety and Policies

 Parents want to know if their daughter will be safe.

Note: Membership fees cover insurance for each girl when at a Girl Scout event. Make sure policies and requirements are followed, such that the insurance cover remains intact.



Examples of different requirements troops may choose to set:

- Family snack rotation (each week and different family organized snack)
- Troop dues (each girl brings a specified amount of dues)
- Meeting host rotation/Troop Co-op (some troops balance the parent load by rotating who will host and lead each meeting)

Other General Tips for Involving Parents













Set clear expectations early - from the very beginning

Setting your expectations for parent/caregiver involvement and the needs of the troop right from the beginning can help to offset future conflict. For example, let parents know that they need to help out with a certain number of activities a year, what time they need to pick up their girls from activities, and what the troop dues will and will not cover.

GSUSA New Leader Onboarding Family Engagement: The Key to Success Make sure to take this training.

Encourage participation

Sometimes simply asking them in person is enough. Encourage participation by communicating that the more parents that are involved, the better the troop will function.

Use their talents/skills

At the beginning of the year, survey the parents to discover their interests, hobbies, and hidden talents. When they return the questionnaire, discuss ways that they can teach or help plan a meeting.

Divide up the responsibilities - Adult Kaper Chart

Provide parents with a list of activities that need to be completed throughout the year (drivers, emergency contact, cooking, photographer, etc.) and ask them to select at least one item to help with during the year. As an added bonus, leave space for them to suggest other items they may want to help with. Make sure that caregivers who help are registered volunteers (Troop Supporters) and have completed their Girl Scout background check.

Cooperative Learning

From the beginning, include parents in planning, setting annual goals, and asking for feedback.

Invite parents

When the girls have planned an activity or event that is close to home, invite the parents to meet at the event. Parents want to see what their girls are up to and will often stay and help.

Stay in contact

Determine a regular method of communication (monthly emails, a troop Facebook page, WhatsApp messenger group, etc.) and stick to it. Get the parents to agree to check/respond to communication in the specified method as part of the Troop and Caregiver Agreement they sign at the caregiver meeting. (Agreement located at the end of this manual.) When sharing upcoming events, be specific on how many volunteers you need and what they would do. (Don't discourage parents by saying "I don't need help" Always encourage their help and participation.)

Celebrate! Appreciate!

Have your girls plan their Bridging Ceremony and send formal invites to the parents. Parents will attend and build friendships as they share in the celebration.

Ways Adults Can Support the Troop



Each troop needs the help of adults to provide a quality Girl Scout experience. Get involved, and make a difference in the lives of girls!

Please complete this form and return it to the troop leaders.

	Adult's Name:							
	Girl's Name:					Grade:		
	Address:							
	Home Phone:_				Work Phone:			
	E-Mail:				Cell Phone:_			
Ide	Identify your preferred two forms of communication, marking them in order of preference.							
0	Phone call	O Text	O Email	0	Facebook Message	O Text Notification App		
		vers, adult fa	amily members	, Girl		ittee members may include nunity members. Consider		

Troop Leaders/Co-Leader

Work with a group of girls and mentor them as they make new friends and develop connections that will last a lifetime. Involves coordinating and organizing meeting activities and family engagement, and helping girls plan adventures that will help them discover things about themselves, connect with each other, and take action in their community.

Troop Treasurer/Supporter

Troop Supporters are an essential part of the Girl Scout troop. They assist with selected troop duties, such as activity planning, snacks, money management, driving, and/or other tasks necessary to keep the troop running smoothly throughout the year. Any adult participating in more than two activities/meetings a year with the troop must be registered with a current background check.

Troop Product Manager

This position is crucial for troop success - coordinating the annual Fall Product and Cookie Programs at the troop level. Setting up cookie booths, managing inventory and money, and then watching the girls light up when they earn rewards for their entrepreneurship.

Ways Adults Can Support the Troop

Ways the Fami	ly Can Get Involved						
 At one or more meetings 		0	Provide a place for outdoor activities				
O With troop	With troop money earning		Be a First Aider (or be willing to take training)				
O Lead a hike	O Lead a hike		Help with the Cookie Program				
O Provide space for storage, equipment		nt 🔘	 Send communications/reminders 				
O Donate supp	olies	0	Provide a me	eting	place		
O Help with the Fall Product Program			O Provide occasional snacks for meetings				
Manage the	troop budget	0	Be a camping	g adul	t (or be willing t	o take	training)
O Drive on tri	ps and outings	0	Other:				
Skill(s) I Can S	hare With the Girls						
Songs	Crafts	0 8	Sewing	0	Sports	0	Drama
Music	Camping Skills		Nature	0	Cooking	0	Dance
Math	Science	\bigcirc (Games	0	Gardening	0	Nutrition
Fitness	Computer	\bigcirc A	Animals	0	Photography		
O My Hobby	My Career		My Culture	0	First Aid		
Other:							

If you are interested in becoming a volunteer, take a picture of the Volunteer Membership Registration section below before submitting your form.

View volunteer opportunities, apply, and register at gsutah.org/volunteer. Girl Scouts of Utah is committed to providing a safe and quality program for girls in the community. Girls of Utah has resources and a system of support to help adult volunteers select and register in the most appropriate role.

Volunteer Opportunities and Membership Registration

Girl Scouts of Utah is committed to providing a safe and quality program for girls. The council has resources and a system of support to help adult volunteers select and register in the most appropriate role(s). Our membership year runs October 1 - September 30.

Steps to become a troop volunteer:

- 1. View volunteer opportunities, apply, and register at gsutah.org/volunteer.
- 2. Select the role(s) that is appropriate for you; for example, Troop Supporter.
- 3. To help keep girls safe, we require all volunteers to successfully complete their Girl Scout criminal background check (no cost to the volunteer).
- 4. Commitment to Girl Scout Promise and Law.
- 5. Agreement to follow volunteer policies and procedures.
- 6. Completion of any required trainings.

Guiding Your Troop

Girl Scout Year at a Glance

Below are key dates and Girl Scout traditions to note as you plan your Girl Scout year. Keep in mind each troop is different since the troop activities should be planned by the girls! The role of the troop leadership team is to make sure girls have the chance to safely become go-getters, risk-takers, innovators, and leaders alongside their sister Girl Scouts.

Fall

- Fall Product Program is a great way to earn startup funds for your troop and build valuable skills.
- Recognition of Excellence Celebrating our outstanding volunteers and Girl Scouts Highest Award recipients.
- October 31 Celebrate the birthday of Juliette Gordon Low.

Spring

- Girl Scout Week Celebrated each March, it includes the Girl Scout birthday when Juliette Gordon Low officially registered the first troop on March 12.
- Girl Scout Sunday and Girl Scout Sabbath
 Provides an opportunity to attend a place of worship and be recognized as Girl Scouts.
- Court of Awards Ceremony Celebrate awards with a girl-designed ceremony.
 Ending the troop year with a gathering is a great way to reengage parent/caregivers and share the girls' successes. Other names for these ceremonies are bridging.
- Renewal Late spring is a great time to register for the coming year. There are often girl and troop incentives associated with early registration.

Winter

- Participate in the Girl Scout Cookie Program;
 it's a great way to earn money and develop financial and entrepreneurship skills.
- Register for Summer Camp! For more info, visit gsutah.org/camp in January.
- February 22 Participate in Girl Scout World Thinking Day. Honor our international Girl Scout and Girl Guide sisters by remembering that GSUSA is a part of a global community. Visit girlscouts.org/ worldthinkingday.

Summer

- June 30 Troop Finanance Report due.
- Enjoy the Summer! Many troops take the summer off, but that doesn't mean you have to. It's a great time to take a trip or enjoy the outdoors.
- Attend Camp! Girls can attend summer camp as a troop, on their own, or with a friend.
- Start planning for next year! How will you engage your girls? Are their schedules getting busier? How will the troop team make sure girls still have room for Girl Scouting?

GSUSA Resource: Troop Year plans and Volunteer Toolkit year plans



Troop Safety

The safety and well-being of girl and adult members is our highest priority. As a volunteer, it is imperative to know and understand the safety policies and procedures in place, where to look, or who to ask for more information when necessary. Listed below are some of the main resources you can use to find safety policies.

Girl Scouts of Utah Emergency Card Information

Please remember that the CEO, Board Chair, and the Chief Marketing & Membership Officer are the only Girl Scouts of Utah council representatives who speak with the media regarding Girl Scout issues. You may download a copy of GSU's Emergency Information Card from the "Forms and Resources" section of our website.

Girl Scouts of Utah Emergency Phone Number

(801) 483-3413

State your name and identify yourself as a Girl Scout volunteer.

Procedure to be followed by the person in charge at the scene:

- Give attention to injured person(s). Secure doctor, ambulance, police, and clergy as appropriate.
- In the event of a fatality, ALWAYS notify police first. Retain a responsible person at the scene, secure the area, and do not remove victim(s) or disturb surroundings until police have assumed authority.
- Call the Girl Scouts of Utah's 24-hour emergency number (801) 483-3413
- When you call line 24-hour emergency number, provide your name, troop number, phone number you are calling from, and your home phone number to the Council Crisis Team Member.
- Tell the Council Crisis Team Member if this is a serious accident or a fatality.
- The Chief Executive Officer (CEO) will make all official statements as spokesperson of the council. Do not give information on your own.
- Refer all media inquiries to the Chief Marketing & Membership Officer: (801) 608-7003.
- $\boldsymbol{-}$ Do not discuss the incident, place blame, or accept liability.
- Make no statements to the press!
- Do not surrender parent permission slips or medical release forms to anyone except GSU's CEO.

Safety Activity Checkpoints:

Activity specific safety guidelines for activities including camping, participating in a parade, and even the Fall Product Program participation. These guidelines are available online or through the VTK.



Knowing How Many Volunteers You Need (Safety Ratios)

Girl Scouts girl/adult ratios show the minimum number of adults needed to supervise a specific number of girls. These supervision ratios were devised to ensure the safety and health of girls—for example, if one adult has to respond to an emergency, a second adult is always on hand for the rest of the girls. Adults are registered and approved volunteers.

	Group M	l eetings	Events, Travel, and Camping		
	Two unrelated adults (at least one of whom is female) for this number of girls:	Plus one additional adult for each additional number of this many girls:	Two unrelated adults (at least one of whom is female) for this number of girls:	Plus one additional adult for each additional number of this many girls:	
Girl Scout Daisies (K–grade 1)	12	6	6	4	
Girl Scout Brownies (Grades 2–3)	20	8	12	6	
Girl Scout Juniors (Grades 4–5)	25	10	16	8	
Girl Scout Cadettes (Grades 6–8)	25	12	20	10	
Girl Scout Seniors (Grades 9–10)	30	15	24	12	
Girl Scout Ambassadors (Grades 11-12)	30	15	24	12	

Examples for using the chart: If you're meeting with 17 Daisies, you'll need three adults, at least two of whom are unrelated (in other words, you and someone who is not your sibling, spouse, parent/caregiver, or child), and at least one of whom is female.

This is determined as follows: for up to 12 Daisies, you need two adults, and one more adult for each six additional girls. Since you have 17 girls, you need three adults (2+1). If, however, you have 17 Cadettes attending a group meeting, you need only two unrelated adults, at least one of whom is female, since the chart shows that two adults can manage up to 25 Cadettes.

In addition to the girl/adult ratios, please remember that adult volunteers must be at least 18 years old, or the age of majority defined by your state if it is older than 18.

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Troop Finances

The best way to earn money for your group is to start with Fall Product Program and the Girl Scout Cookie Program; from there, your troop may decide to earn additional funds on its own. Girl Scout Troops are funded by money earned or collected in:

- 1. Product Program- Cookie Program and Fall Product Program
- 2. Troop/Group Money-earning Activities for older girls (Junior-Ambassador)
- 3. Troop Dues
- 4. Collaborating with Sponsors and other Organizations

Making Decisions About Managing Money with Girls in the Troop

Members decide the amount of troop dues, after considering troop plans, girls' ages, and income levels of all families. No girl should be denied membership in a troop or have her participation restricted by her inability to pay.

Teaching girls about money management and empowering them to make good financial decisions are part of troop financial management. Since girls are choosing their own Girl Scout journey, they can also make decisions on the resources that support their Girl Scout adventure.

Consider the following as you guide them in managing their troop funds:

- What is the grade level of the troop and how much understanding do they have of money and bank accounts? Girl Scout Daisies will have adults handle their troop finances; Girl Scout Brownies understand that things cost money and will begin to have an understanding of what is needed to achieve their goals.
 - What are the goals of the troop?
 - What are the girls learning from the way the troop funds are managed? What do they need to learn?
 - What if girls join the troop or leave the troop, how will the funds be managed?
 If a girl leaves Girl Scouts, the funds remain property of the troop.
 - Who Should Manage Troop Funds?

Troop leaders and troop assistants: Only registered and approved volunteers (unrelated and not in the same household) in these two roles can handle or manage troop funds and at least one of the volunteers needs to be a troop leader. Girls: Involve the girls as much as their grade level and skills/abilities allow. After all, it's their money!

Remember that all funds collected, raised, earned, or otherwise received in the name of and for the benefit of Girl Scouting must be used for the purposes of Girl Scouting. Funds are administered by the troop and do not belong to individuals. Troop leaders and troop assistants are responsible for the proper accounting and management of troop funds. Should mismanagement be reported, a troop financial audit may occur and the adults responsible for troop leadership may be held accountable for any lost or stolen funds and overdraft fees.

For information on Troop Finance tips and policies, go to:

www.gsutah.org/volunteers/VolunteerEssentials/TroopFinances.html

Troop and Parent/Caregiver Agreement

Troop and Parent/Caregiver Agreement

Our children learn by example. Our volunteers endeavor to follow and teach the Girl Scout Promise and Law. It is expected that families/caregiver will support those values in all Girl Scout activities.

As	a parent/caregiver of Girl Scout, I agree to:	
	Girl's Name	
	Demonstrate a genuine interest in my girl's participation in Girl Scouts. I will reflect and recognize that Girl Scouting is girl-led, so I will uphold the Girl Scout Promise and Law by being a positive remodel and demonstrating support and will respect the opinions and goals of my girl and other girls.	ole
	Support the volunteers who are working with my girl in order to encourage an enjoyable Girl Scorexperience for all. I will make every effort to attend any required parent/caregiver meetings and adhere to deadlines.	
	Ensure that my girl's behavior supports the Girls' Code of Conduct.	
	Submit requested permission slips, dues and/or materials on time, ensure that my girl is prepared for Girl Scout activities, and drop them off and pick them up on time.	d
	Communicate any concerns that I have directly to the volunteer responsible for the activity, in private (not in the presence of the girls or other parents) and will follow a conflict management process if we are unable to resolve a particular conflict situation.	
	Not initiate or participate in gossip or negative statements about Girl Scouting and will refrain from behavior that may undermine the leadership of a Girl Scout activity or the troop/group. Should I have a complaint or problem, I will share a suggested solution.	
	Play an active role in my girl's Girl Scout experience. I will follow safety guidelines for all activitie and guarantee a high-quality environment for my girl. I will refrain from the use of drugs, tobaccand alcohol at all Girl Scout events.	
	Support my girl's participation in the councils Product Program and adhere to all Product Progra policies.	.m
	Support the Girl Scout efforts to provide an environment of acceptance for all girls and their families by asking my girl to treat others with respect regardless of their differences.	
	Acknowledge that there are a variety of ways for girls and adults to participate in Girls Scouting. I or council staff feel that a different participation option would be best for my girl, staff will assi in engaging her in those activities.	
	derstand that my behavior directly impacts my girl's ability to participate in a troop/group or other Girl Sco vities. I will honor this agreement so that my girl can have a high-quality Girl Scout experience.	ut
adh Iim hol	knowledge that COVID-19 is an extremely contagious virus that spreads easily in the community. I agree to ere to Girl Scouts of Utah and state and local guidelines and mandates. I will take all reasonable precautions t potential exposure for girls, volunteers, and families, based on Girl Scouts of Utah and state guidelines. I w d Girl Scouts of Utah harmless and waive all right to legal action, if my daughter contracts COVID through osure at a Girl Scout event.	
Par	ent/Caregiver Signature Date	_

Checklist for New Troop Leaders

Week 1

- Register as a Troop Leader
- Have a completed Background Check.

(You will receive an email from Asurint. You must respond within 24 hours.)

- Find a Co-Leader and invite girls to join your troop (Printable Invite).
- Take Youth Protection Training before meeting with any Girl Scouts.
- Talk to your Membership Support Specialist (MSS) as they will be there to help you this year.
- Register to take Intro to GSU live zoom training

Week 2

- Complete Intro to GSU Training.
- Discover the ins and outs of the Volunteer Toolkit (VTK).
- Set up a bank account by submitting the bank account forms to finance@gsutah.org.
- Meet with your co-leader and plan a parent meeting (Parent Meeting Agenda).
- Find your troop roster on VTK—Email or call all new troop parents to introduce yourself.
- Hold the parent meeting.

Next Steps In Training

Required within 30-60 Days

- Volunteer Toolkit
 Online at gsLearn
- Dollars and Sense; Troop Finances Online at gsLearn

Required within first six months

- Grade Level Training
 Online at gsLearn
- CPR/First Aid
 In person available
 through council or
 an alternate source.
- Product Program training when applicable.

Additional suggested trainings:

Online at gsLearn:

- Including Girls of All Abilities
- Clique-Proof your
 Troop: Building
 Sisterhood &
 Conflict Management
- Multi-Level Troop Success
- Troop Meetings in Home

Check Activity Calendar:

Journeys—Live via Zoom

Week 3

- Complete your bank account set-up.
- Start taking GSUSA's
 New Leader Onboarding
 training on gsLearn.
- Plan & hold your first troop meeting with the Girl Scouts.
- Print and have families fill out the Parent Permission Forms.

Week 4

- Attend a Leader Meeting with your Service Unit.
- Reach out to your MSS and get help planning your year of fun.

If planning an outing or adventure, check our website's travel page to be sure you have adequate training to do your activities safely.





Co-Leader Discussion Questions

Time for your troop leadership team to meet and start planning. Check your email for details.

Meeting Logistics:
Where will our troop meet?
Troops often meet at school, library, church, community center, etc.
What day/time? How long and how often?
Troops generally meet weekly or biweekly for 1 or 1.5 hr.
When will we hold our first meeting?
Parent Meeting/first troop meeting: The first meeting is usually also the parent meeting. Refer to the Volunteer Toolkit for an agenda and activities. The parent meeting is usually listed as the first meeting of your chosen Year Plan, or you can search for "Intro Meeting" using the "Add Badge/Journey" function.
Dividing Responsibilities:
Communication:
Our troop leadership team will stay in touch by:
Troop leaders meet with each other at least monthly to plan, review finances, troubleshoot, etc.
We will stay in touch with troop families by:
Troops may create a Rallyhood link, a troop Gmail account, a monthly newsletter, etc.
Who will be responsible for each part:
While the details may vary, the most important thing is that you stay in regular communication and have a clear, effective system in place.
Administrative:
Who and how to manage troop paperwork?
Track attendance and badges earned, etc.?
The two signers on the troop bank account will be:
and
We have filled out the bank forms/or are planning to on
will hold the checkbook andwill receive the hank statements online and renew.



New Leader First Steps

Your Girl Scout Adventure awaits!







Complete the YPT + GSUSA New Leader Onboarding
Series Click here for access instructions to Troop Voluntees

Series. Click here for access instructions to Troop Volunteers, part 1: the Adventure Begins!





Connect with your new co-leader(s)!



Don't have a co-leader yet? While you continue to look for a co-leader, complete the Part 1 training and explore New Leader Resources!





As a team, start planning with your co-leader(s).

Work on answering the Co-Leader Discussion Questions (page 2) and review the New Leader FAQ (page 3).





Schedule your MSS Meeting.

Once you and your co-leader(s) have completed your first trainings, schedule a meeting with your MSS.





Get your next steps!

In the Welcome Meeting we'll discuss where you're at in the planning process and help you prepare for next steps.



New Leader FAQ



How do the Girl Scout levels work?

Girl Scouts earn badges for their level. Troops generally "level up" with the girls and can stay together all the way from Daisy through Ambassador. Leveling up in Girl Scouts is called bridging.















Where do we find meeting plans and activities for badges and journeys?

Find national programming badge and journey requirements in the Volunteer Toolkit.



What are the uniform requirements?

The Girl Scout membership pin is the minimum requirement to be "in uniform." See official <u>uniform chart</u> for details. Families are generally responsible for purchasing uniforms when troops are first getting started.



How do we get badges?

Troop leaders purchase badges after girls earn them, using troop funds. Badges can be purchased at the <u>GSU shop or online</u>. Many troops choose to hold badge ceremonies periodically throughout the year. This is a great opportunity for girl-led planning, to invite families to share in the recognition, and for brand new troops this allows time for the troop to earn funds to pay for the badges.



How do we pay for things when we're just getting started?

New troops primarily earn funds through the Fall Product and Cookie Programs. Troops may also decide to collect dues to help pay for troop activities and supplies. These could range from one to two dollars per meeting. Be sensitive to family limitations and be sure everyone is aware that dues are optional and not mandatory for girls to participate in the troop. Also check out Volunteer Essentials (p. VE 27)