Girl Scout Promise

On my honor, I will try: To serve God* and my country, To help people at all times,
And to live by the Girl Scout Law.

*Members may substitute for the word God in accordance with their own spiritual beliefs.



Girl Scout Law
I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,
and to respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

Girl Scouts of Utah Code of Conduct

Code of Conduct

I understand that my attitude and behavior are critical to the success of this program. By attending this program, I agree to the following:

- I will follow the principles of the Girl Scout Promise and Law as listed on this Code of Conduct.
- I will follow the rules that are made to protect others and myself and to help make sure program activities are safe, fun, and successful.
- I will treat other people, myself, property, and equipment with respect.
- I will uphold my share of daily responsibilities.
- I will be respectful of Girl Scout leaders. I will ask questions calmly and if I am disappointed, I will express my opinion in a respectful manner.
- I will not bully or abuse (including any unwanted contact) my fellow Girl Scouts. I understand that violence will not be tolerated and my parents will be notified as well as the parents of any others involved.
- I will respect that others may have ideas and thoughts different from mine. I understand their ideas are just as important, and I will not make fun of or dismiss them.
- I will use the buddy system at all times and will inform my Girl Scout leaders of where I am going.
- I will take care of my personal wellbeing. This includes, but is not limited to: drinking enough water, wearing sunscreen & appropriate clothing for the weather, eating enough food, getting enough rest, and checking in on my mental health.
- I will stay home and refrain from participation in activities if I am unwell or experiencing symptoms of illness within 48 hours of attendance.
- I will notify my leaders immediately if I begin to feel unwell during the program.
- I will follow all Youth Protection Guidelines including never being in a situation where one youth is alone with an unrelated adult.
- I understand that electronics use may be limited or restricted depending on the program, and I agree to respect those guidelines.
- For overnight or travel programs, I will respect all curfews, quiet hours, and group agreements.

I understand the following are unacceptable and are grounds for dismissal from the program:

- Intimidating, threatening use of verbal or non-verbal language that makes others feel that their safety is at risk.
- Fighting, stealing, damaging property, or endangering the well-being of self or others.
- Inappropriate clothing, jewelry, or items. Clothing should adequately cover the body and be free from logos/references to violence, drugs, or profanity.
- Possession of weapons or look-a-likes, alcohol, tobacco products, cannabis, or illegal substances.
- Leaving the group without permission.
- Engaging in inappropriate conversations, including those involving sexual content, violence, or hate speech.
- Engaging in any form of unwanted or inappropriate physical contact.

Participant Signature	Date
Parent/Guardian Signature	Date
If participant is under 18	

